

DRMES FOR THREE
(Croatia)

- Source:** Drmes is the national dance of Croatia and has many routines and variations. It can be done in cpls, trios, fours, and quadrilles. Every locale seems to have its own music for the dance and the steps vary from village to village. The translation for Drmes is "shake" and that is just what the step is designed to produce. There are many variations of this step, some very intricate but all have the same rhythm and produce the same bounce. The body is held proud and erect, and the steps can be done without the feet being raised off the floor. The W customarily "show off." It was first presented at the 1954 University of the Pacific Folk Dance Camp by John Filcich.
- Record:** Balkan 506 Folk Dancer 1012
- Formation:** One M, two W. W stand side by side facing M. M R hand is on the L hip of the W on his R, his L hand is on the R hip of the W to his L. W inside hands are on the M nearest shoulder (W L has L hand on his L shoulder.) Sets may be scattered about the floor, but dance is stationary.
- Steps:** Basic Drmes (Durr' mesh) Step:
 Meas 1 Step R (ct 1). Hop R (almost a chug) (ct 2).
 Meas 2 Repeat action of meas 1 starting L.
 Meas 3 Step R L.
 Meas 4 Step R (ct 1). Hop R (almost a chug) (ct 2).
 Repeat of step starts on L.
- | <u>Measures</u> | <u>Pattern</u> |
|-----------------|---|
| 1 - 16 | I.
In formation as described the set does 16 Drmes Steps, all starting with the R ft. M may switch the pos of the W on meas 8: Pass the W on the R in front of the W on the L and place "R" W at L shoulder, and turn body about 1/4 turn so that original "L" W now assumes pos at R shoulder; dance back into place. M may switch back on meas 12. |
| 17 - 32 | II.
All releasing hold, M turns with "R" W in shoulder-waist pos 8 czardas turn steps CW. The 7th and 8th steps are change steps: R L R in place (do not stamp). Then (meas 25-32) M turns to "L" W and repeats the 8 czardas turns with her (ending with L R L and preparing to assume the pos for the Drmes Step for Fig I.) While M is dancing with one W, the free W does the Drmes Step of Fig I in place (no turning), |

DRMES FOR THREE (CONT.)

MeasuresPattern

hands on hips, in a nonchalant manner since supposedly, for the moment, the other W is preferred. There is nothing to prohibit the M from dancing with the same W in both directions, but being a good sport he will make it up next time.

17 - 32

Variation:

All three join hands behind backs forming a small, tight circle (hands are joined with one person removed). All cross R ft over L (ct 1) and CW continue with L, R, L, R, L, R, L, R, L, R, L, R, L, R, L, R, L. R ft is kept almost stationary. Repeat (meas 25-32) in the opposite direction, or for variety, set may revolve all 16 meas in one direction.

Presented by: John Filcich