

Dance: Rivka Sturman
 Music: A. Levanon
 Lyrics: N. Avissar

Dance description by Kenneth Spear.
 Approved by Rivka Sturman on her visit
 to the United States in 1965.

Formation: Open circle, or line dance, no partners, hands joined. In small lines the joined hands can be held up and near the body as in a strolling manner.

Part I

Music A 4/4 meter

Meas. Count

- | | | |
|-----|------|--|
| 1. | 1 | Step right foot forward CCW. |
| | 2 | Step left foot forward, near right foot. |
| | 3 | Step right foot forward, stepping on toe. |
| | 4 | Hold |
| 2. | 5 | Step left foot back |
| | 6 | Step right foot back, closing to the left. |
| | 7 | Step forward with left foot |
| | 8 | Hold |
| 3-8 | 9-32 | Repeat measures 1 and 2, three more times |

Part II Lower joined hands.

- | | | |
|-----|------|--|
| 1. | 1-4 | Repeat action of measure 1, part I, counts 1-4. |
| | | (Turning to face center) |
| 2. | 5 | Step left on left foot. |
| | 6 | Hold |
| | 7 | Touch right heel next to left foot, with a small foot movement,
left knee bent. |
| | 8 | Lift right heel slightly from floor, straighten left knees. |
| 3-8 | 9-32 | Repeat measures 1 and 2 of part II, three more times.
(at end of song, repeat pattern of part II till song ends.) |

Repeat dance from beginning.