

ESPUNYOLET
(Catalonia)

Espunyolet (ess-POO-nyc-let) is a Catalonian Wedding Dance.

Music: Folkraft record F1120A.

Formation: Ptrs facing, cpls in circle or at random on the floor. (There is no progression.) M hds raised head high, W hds on hips or holding skirt out to side. (No skirt waving as in Mexican dances.)

Steps: Waltz.
REVERENCE: M bow, W curtsy, 1 meas (6 cts).

Music: 6/8

Meas

Pattern

I. CROSSING STEP

- 1 Step R across in front of L, turning body slightly (ct 1). Step L in place (ct 2), step R next to L (ct 3). Repeat starting L (cts 4,5,6).
- 2-3 Repeat meas 1, (R, L, R, L).
- 4 Reverence.
- 5-8 Repeat meas 1-4.

II. ROCKING STEP

- Ptrs with R shoulders adjacent hold each other's R forearm with R hd.
- 1 Step fwd R, rocking body fwd (ct 1), step on ball of L ft next to R heel (ct 2), step R in place (ct 3). Repeat starting L (cts 4,5,6).
 - 2-3 Repeat meas 1 of Fig. II (R, L, R, L) keeping steps small, making a half circle CW, finishing in ptr's place.
 - 4 Reverence.
 - 5-8 Repeat meas 1-4, Fig. II, L arms joined, starting L, returning to original place.

III. KNEELING AND ARCH TURN

- Ptrs join both hds (not crossed).
- 1 W kneels on R knee (cts 1,2), bows head (ct 3). (This is slow sustained action, not accented.) W rises slowly (cts 4,5,6).
 - 2 M performs action of meas 1, Fig. III.
 - 3 2 waltz steps turning under arched joined hds (MR, WL), and finishing in ptr's place. (This is a "dishrag" turn.)
 - 4 Reverence.
 - 5-8 Repeat meas 1-4 of Fig. III returning to original places.

Repeat entire dance twice at faster tempo.
During repetition of Fig. I, meas 1-3, M snaps his fingers rhythmically.

Presented by Vyts Beliajus