

EZ VAKEVES
(Israel)

Source: A lively, playful dance by Yoav Oshriel, music and lyrics by M. Shelem. The title means "The Goat and Sheep Are Shorn."

Record: Tikva T 69 Vanguard VRS 9048

Formation: ^{DBL} ~~Single~~ circle of cpls, M facing ^{CTR, W FACING PTR} ~~CCW~~. R hands joined chest high, L hands raised up over height of head, Israeli style.

Steps: DANCE MOVES TO AND AWAY FROM CTR
Running, Stamp, Leap, Slow Buzz Turn (Pivot)

Measures
(4/4) Pattern

Introduction

I.

- 1 Move CCW M and W each beg R, M moves fwd W bwd with 4 running steps (cts 1-4).
2 Step R twd ptr (ct 1). Leap onto L, reversing pos with ptr. M now back to LOD (ct 2). Jump onto both ft (ct 3). Land on L (ct 4).
3 - 4 Repeat the action of meas 1-2 (Fig I) moving CW to original pos.

II.

Note: M dance strong and vigorously, strong arms swung in a controlled manner.

- 5 Release hands, M stamp R twd W, straight knee, bringing R shoulder fwd, R arm down at side, looking over R shoulder at W (ct 1). Hold (ct 2). Leap to L on L, bring arms to L (ct 3). Close R to L, stamping R heel (ct 4).
6 Stamp R fwd twd W, bring hands strongly down by side (ct 1). Hold (ct 2). Stamp L twd W. L shoulder fwd twd W (ct 3). Hold (ct 4).
7 - 8 Repeat the action of meas 5 - 6 (Fig II).
W dances following steps simultaneously with M action during meas 5-8 (Fig II).
5 Hands down, palms facing ptr, step fwd R twd ptr, bend both knees, palms move fwd (ct 1). Step L in place, heel a little off floor hands come back (ct 2). Step straight back on R, turn palms away from ptr (ct 3). Step L in place, heel slightly off floor (ct 4).
6 - 8 Repeat the above action three more times.

III.

Ptrs face each other, join hands straight across, knees bent, M move fwd, W bwd.

- 9 M make a high leap fwd onto R ft and simulate a small circle (ct 1),

Continued...

EZ VAKEVES (CONT.)

<u>Measures</u>	<u>Pattern</u>
	small step fwd L (ct 2), heel-toe with R near L toe (cts 3,4). W does same step during meas 1 but moves bwd. Heads move slightly for both M and W from side to side as if saying "no." Joined hands can make a little circle by moving outward and inward on leap.
10 - 12	Repeat the action of meas 9 (Fig III) three more times. IV. R hand around ptrs waist, L hand raised up and outward, Israeli style, pivot turn.
13 - 14	Step R, bending knee (ct 1). Step on L toe, straightening knees, beg CW turn (ct 2). Step R, bending knee (ct 3). Step on L toe straightening knees (ct 4). Step R, bending knee (ct 5). Step on L toe, straightening knees (ct 6). Step on R in preparation to reverse arm hold and footwork to turn CCW (ct 7). Brush L fwd (ct 8).
15 - 16	Buzz turn CCW, beg L ft. L hand around ptrs waist.

Words for Ez Vakeves

Ez vakeves K'var nigzazu	The goat and sheep are shorn
Sass ha'eder shuru na	The flocks bleat, look out now
Be 'igul ro'im achazu	Hand in hand the shepherds dance
Ufihem yiftzach rina	Voices ring out in song
Hagda'im betzlilim	The kids with bells
Hakvasot bimtzilot	The sheep with cymbals
Ha ro'im bechalilim	The shepherds with flutes
Haro'ot bimcholot	Young girls in dance.
Ko lechai /2 Ko yariya har vagai	Shout out hill and vale
Choresh sadeh vanir	Field, grove and meadow
Pney hatzon kidmu bashir	Welcome the flocks with song
<u>Sovu na /2 Sovu bamachol</u>) 2	Turn around in the dance.

Presented by: Ruth Browns