

FADO FOR FOURS
(Portugal)

Learned in 1935 by Vyts Beliajus from a Spanish "Gitana" (Gypsy) named Triana, who claimed the dance to be in Portuguese National form.

Music: Record: Folkraft 1173 "Fado Blanquita." No other Fado Blanquita" record will do. 4/4 meter.

Formation: For entrance: two cpls, W to R of M, each person to enter individually from a separate corner. The dance is performed diag twd ctr of a 4-foot (approx) square and twd original entrance corner.

Steps: Basic -- a type of schottische. Hds down in front, palms curved twd body, beginning R, ~~step close step~~ (cts 1, 2, 3); extend L fwd near floor, tilting body very slightly bkwd and bringing L hd slightly fwd (ct 4). Beginning L, repeat all, bringing R hd slightly fwd on ct 4. This dance requires the use of finger cymbals which must be learned separately. Ft, hds, and cymbals have to be coordinated.

MeasPattern

2 meas introduction

A FIGURE I. INTRODUCTION

1-3 Enter from individual corners. Beginning R, dance 3 basic steps fwd twd square. Corresponding arm curves fwd with each basic step.

4 Hds down at side, turn in place once CW with 3 walking steps (L, R, L hold).

5-8 Repeat action of meas 1-4, ending in pos on corner of square

9-10 Vamp: Arms down at side, curved twd body, step to R on R (ct 1); lightly stamp L heel next to R (ct 2); step to L on L (ct 3); lightly stamp R beside L (ct 4). Repeat action of these 4 cts.

B

11-19 Beginning R, dance once around an individual CW circle in own corner with 9 basic steps. Hd pos same as entrance.

		<u>cts</u>	
20	Hold -	1	Facing ctr, step on L.
	change	2	Facing ctr, close R to L (no wt).
	wt.		
	Break		
	Individual	3	Beginning turn R, step on R.
	turn R (CW)	4	Continuing turn R, step on L.
21	& stamp,	1	Finishing the turn, facing ctr, step on R.
		2	Stamp L (no wt), next to R.

FADO FOR FOURS (continued)

- | | | | |
|----|-------------|---|---|
| 21 | Individual | 3 | Beginning a turn to L, step on L. |
| | turn L | 4 | Continuing turn L, step on R. |
| 22 | (CCW) | 1 | Finishing the turn, facing ctr, step on L. |
| | & stamp | 2 | Stamp R (no wt), next to L. |
| | Two | 3 | Beginning two turns R in place, step on R. |
| | individual | 4 | Continuing the turn, step on L. |
| 23 | turns R | 1 | Continuing the turn, step on R. |
| | (CW) in | 2 | Continuing the turn, step on L. |
| | place. | 3 | Continuing the turn, step on R. |
| | Gradually | 4 | Continuing the turn, step on L. |
| 24 | raise hd | 1 | Continuing the turn, step on R. |
| | to over- | 2 | Finishing the turns, facing ctr, step on L. |
| | head | 3 | Hold. |
| | curved pos. | 4 | |
- C CHORUS:
- 25 Hop on L, extending R to R side, toes down and touching floor (ct 1); hop L, turning R knee to R and pointing R toe down in front of L calf (ct 2); repeat action of ct 1 (ct 3); hop L, turning R knee to R and pointing R toe down in back of L calf (ct 4).
- 26 Hop with emphasis on L, extending R to R side, toes down touching floor and extending R hd to R (cts 1,2); cross R ft in front of L, taking wt on both, bringing R hd curved in front of body (ct 3); turn once completely around CCW, pivoting on balls of both ft (ct 4).
- 27-28 Repeat action of meas 25-26, in reverse, hopping on R, extending L, pivoting CW.
- 29 Step-hop bkwd on L, turning 1/2 turn CW to face own entrance corner (cts 1,2); step-hop on R (cts 3,4).
- 30 Walk 2 steps fwd twd own entrance corner, gradually lowering L hd (cts 1,2); point L heel fwd, bending body slightly fwd, L hd curved in front (ct 3); hold (ct 4).
- 31-32 Returning to own corner of square, repeat action of meas 29-30 but make the 1/2 turn CCW.
- 33-40 Repeat all action of Chorus, meas 25-32.

FIGURE II. TURN WITH PTR, SHOULDERS ADJACENT

- A
- 1-3 R shoulders adjacent with ptr, R hd down and curved twd body, L hd curved above head, beginning R, turn together CW once in place with 3 basic steps.
- 4 With 3 walking steps, L,R,L, hold, turn L individually 1-1/2 times to place L shoulder adjacent with ptr, bringing L hd down and curved twd body, R hd high.
- 5-7 L shoulder adjacent with ptr, turn together CCW once in place with 3 basic steps, again beginning R.
- 8 Individually turn R into own pos with 3 walking steps, L,R,L, hold.
- 9-10 Vamp: Repeat action of meas 9-10, Fig. I, Vamp.

FADO FOR FOURS (continued)

B

- 11 Step-hop fwd twd ctr of square on R, R hd curved in front of body, L hd overhead, body bent slightly fwd (cts 1,2); step-hop bkwd on L, turning 1/2 CW to face own entrance corner (cts 3,4).
- 12 Turn once CW in own diag entrance line with 3 walking steps, R,L,R, bringing R hd above head, L hd curved in front of body, (cts 1,2,3); hold, facing away from square (ct 4).
- 13-14 With reversed ftwork and hd pos, repeat action of meas 11-12, Fig. II, turning CCW to return to own corner of square, finishing facing ctr.
- 15-18 Repeat action of meas 11-14, Fig. II.
- 19 Repeat action of meas 11, Fig. II, but do not turn (all action facing ctr).

- | | | | |
|----|------------------------------------|----------------------------|---|
| 20 | Hold | <u>cts</u>
1
2 | |
| | <u>Break</u> | | |
| | Move to R and stamp. | 3
4
1
2 | Facing ctr, hds down and curved twd body, begin to move to pos of dancer to R, with step on R to R, step on L behind R.
In homepos of dancer to own R, step on R to R.
Stamp L heel smartly (no wt) near R. |
| 21 | | | |
| | Move to L and stamp. | 3
4
1
2 | Returning to own pos, step on L.
Step on R behind L.
In own pos, step on L.
Stamp R heel smartly (no wt) near L. |
| 22 | | | |
| | Move to R and stamp. | 3
4
1
2 | Again moving to pos of dancer to R, step on R to R.
Step on L behind R.
In home pos of dancer to own R, step on R to R.
Stamp L heel smartly (no wt), near R. |
| 23 | | | |
| | Turn CCW to home pos, raising hds. | 3
4
1
2
3
4 | Beginning a CCW turn to own pos, step L.
Step R.
Step on L.
Step R, making 2 turns.
Hold. |
| 24 | | | |

C

- 25-40 CHORUS:
Repeat all action of Chorus, meas 25-40.

FADO FOR FOURS (continued)

- A FIGURE III. PARTNER TURN, ELBOW HOOK
- 1-3 R elbow hooked with ptr, L hd above head, beginning R, turn once around CW in place with 3 basic steps.
- 4 Dropping elbow hold, turn individually 1-1/2 times R (CW) with 3 walking steps, L,R,L, and hook L elbows.
- 5-7 L elbows hooked with ptr, R hd above head, turn once around CCW in place with 3 basic steps, beginning R.
- 8 Dropping elbow hold, turn individually 1-1/2 times L (CCW) into place with 3 walking steps, L,R,L, ending in own pos, facing ctr, hds lowered.
- 9-10 VAMP: Repeat action of meas 9-10, Fig. I, taking wt on R on ct 4 of meas 10.
- B
- 11 R hd curved in front of body, L hd overhead, step on L (ct 1); kick R twd ctr of square, body curved back (ct 2); step fwd on R (ct 3); hop R, L leg in back (ct 4).
- 12 Step bkwd on L (ct 1), draw R in front of L, taking wt on R (ct 2); repeat step-draw again without taking wt on R (cts 3,4).
- 13 Both hds above hd, turn once CW into pos of dancer to R with 4 walking steps, R,L,R,L.
- 14-16 Again facing ctr, repeat action of meas 11-13, Fig. III, reversing ftwork and hd pos, and returning to own pos with one CCW 4-step turn.
- 17-19 Repeat action of meas 11-13, Fig. III. (At the end of meas 19, each dancer will be in one pos to the R of his own home pos.)
- | | | | |
|----|-------------|------------|---|
| | | <u>cts</u> | |
| 20 | Hold. | 1 | |
| | | 2 | |
| | Break. | 3 | Facing ctr, hds down and curved twd body, move |
| | Facing | 4 | CCW on square twd next corner with step on R to |
| | ctr, move | | R, step on L behind R. |
| | to R. | | |
| 21 | | 1 | Step on R to R. |
| | | 2 | Stamp L heel (no wt), beside R. Anticipate next |
| | | | ct with a quick 1/4 turn R to place back twd ctr. |
| | Back twd | 3 | Again moving CCW in square, step on L to L. |
| | ctr, move | 4 | Step on R behind L. |
| 22 | to 3rd | 1 | Step on L to L. |
| | corner | 2 | Stamp R heel next to L (no wt). Anticipate next |
| | | | ct with a quick 3/4 turn L to face ctr of square. |
| | Facing ctr, | 3 | Move CCW along last side of square twd home |
| | move to | 4 | pos with step on R to R. |
| | home | | Step on L behind R. |
| 23 | pos. | 1 | Step on R to R. |
| | | 2 | Stamp L heel sharply beside R (no wt). Turn |
| | | | 1/4 turn CW to face out. |

FADO FOR FOURS (continued)

- | | | | |
|----|------------------------|---|---|
| 23 | One individual CW turn | 3 | In home pos, begin one 3-step CW turn by stepping on L. |
| | | 4 | Continue turn by stepping on R. |
| 24 | in place. | 1 | Complete the turn by stepping on L. |
| | | 2 | Step R. |
| | | 3 | |
| | | 4 | Shift wt to L ft (facing ctr). |

C CHORUS:
25-40 Repeat all action of Chorus, meas 25-40.

Note: The action of the Break always begins on ct 3 of meas 20. This leaves a 2-ct pause at the end of meas 24.

FINGER CYMBALS FOR FADO FOR FOURS

Finger cymbals are worn on thumb and middle finger of each hd and should be hit sideways to produce a ring; never hit flat. Middle finger is over thumb.

Ping, or "single": Hit one pair of cymbals at a time, alternating hds.

Clang: Hit both pair of cymbals at the same time.

FIGURES I, II, III, meas 1-10

Meas 1-3, 24 pings
(8 pings per meas)

cts
1 ping
& ping
2 ping
& ping
3 ping
& ping
4 ping
& ping

Repeat twice more.

Meas 5-8 Repeat cymbals for
meas 1-4.

Meas 9-10 (Vamp)

cts
1 clang
&
2 clang
&
3 clang
& clang
4 clang

Repeat.

Meas 4

1 clang
&
2 clang
&
3 clang
&
4

FADO FOR FOURS (continued)

(Finger Cymbals)

FIGURE I, meas 11-24Meas 11-19

1 ping
&
2 ping
&
3 ping
& ping
4 ping

Repeat 8 more times.

Meas 20-24 (Break)

20 1
&
2 Hold.
&
3 ping
& ping Turn R
4 ping and
& ping stamp
21 1 ping
&
2 clang

Meas

21 3 ping
& ping Turn L
4 ping and
& ping stamp.
22 1 ping
&
2 clang
3 ping
& ping Beginning
4 ping 2 turns
& ping in place.
23 1 ping
&
2 ping
&
3 clang (to emphasize
& clang last steps
4 clang of turn)
24 1 clang
&
2

FIGURE II, meas 11-24

11 1 clang
& clang
2 clang
&
3 clang
& clang
4 clang
&
12 1 clang
&
2 clang
&
3 clang
&
4 clang
&

13-18 Repeat action of meas 11-12 three more times.

19 Repeat action of meas 11.

20 1 clang
&
2 clang
&
3 Begin action of break, Fig. I.

21-24 Repeat cymbal action of break, meas 21-24, Fig. I.

FADO FOR FOURS (continued)

(Finger cymbals)

FIGURE III, meas 11-24

11 1 clang
& clang
2 clang
&
3 clang
& clang
4 clang
&

13 1 clang
&
2 clang
&
3 clang
&
4 clang
&

12 1 clang
&
2 clang
&
3 clang
& clang
4 clang
&

Meas 14-19 Repeat cymbal action
of meas 11-13 twice more.

Meas 20-24 Repeat cymbal action
of break, meas 20-24, Fig. II.

CHORUS, meas 25-40

25 1 clang
& clang
2 clang
&
3 clang
& clang
4 clang
&

29 1 clang
&
2 clang
& clang
3 clang
&
4 clang
& clang

26 1
&
2
&
3 clang
&
4 clang
&

30 1 clang
&
2 clang
&
3 clang
&
4
&

Meas 27-28 Repeat cymbal
action of meas 25-26.

Meas 31-32 Repeat cymbal action
of meas 29-30.

Meas 33-34 Repeat cymbal action
of meas 25-32

Presented by Vyts Beliajus