

Su Falkittu

(Italy - Sardinia)

From Nuoro, Sardinia. Sardinia (in particular, the central inland Barbagia) is the Italian region which has most conserved the ancient traditions of ethnic dance. Dancing in the village square on feast days of local saints is common throughout the year. This dance has been assembled with the steps of the circle variation of "Ballittu." Translation: "The Little Falcon."

Pronunciation: Soo fahl-KEET-too

Music: CD: *Danze Italiane* Vol 1, Band 16

6/8 meter

Formation: Four couples in square formation, numbered 1 to 4 CCW, holding partner with inside hand, shoulder to shoulder, forearm raised parallel to floor. M's forearm supports the W's forearm. M hook free hand into belt in front.



Steps: **Ballittu:** Step on L to L (ct 1); close R to L (ct 2); L to left (ct 3); bounce on L (ct 4); R to right side (ct 5); bounce on R releasing L (ct 6). Ballittu step may be also executed in place, forward and backward. When moving, most of the movement is on the first step. When not executing a figure, ballittu step is done in place.

Cross step: Cross L in front of R (ct 1); shift wt onto R in place (ct 2); shift wt onto L in place (ct 3); bounce on L (ct 4); cross R in front of L (ct 5); bounce on R releasing L (ct 6).

Meas

Pattern

INTRODUCTION.

- 1-2 No action.
3-4 Moving fwd with 2 Ballittu steps, 4 cpls form a closed circle, holding arm in arm with corner.

I. FIGURE 1

- 1-6 Moving CW, dance 6 Ballittu steps to L, ending in original pos.
7-8 Releasing the hold with corners and keeping the inside hand with ptr, dance 2 Ballittu steps bkwd to original pos.

II. FIGURE 2

- 1 Head cpls dance 1 Ballittu step fwd, ending face to face and close to each other (ct 1-3).
2-3 Head cpls dance 2 Ballittu steps in place.
4 Head cpls, dance 1 Ballittu step bkwd to original pos while side cpls (ct 2-4)
dance 1 Ballittu step fwd, ending face to face and close to each other.
5-6 Side cpls dance 2 Ballittu steps in place.
7-8 Side cpls, dance 2 Ballittu step bkwd to original pos.



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III. FIGURE 3

- 1 Head cpls dance 1 Ballittu step fwd and diag L, ending side by side close to each other, L shldr with L shldr (cts1-3).
- 2 Maintaining the line of 4 dancers, cpls dance 1 Ballittu steps fwd making 1/4 rotation CCW.
- 3 Head cpls dance 1 Ballittu steps fwd making another 1/4 rotation CCW.
- 4 Head cpls dance 1 Ballittu step bkwd ending in opposite pos.
- 5 Side cpls perform meas 1-4.
Note: all couples are now on the opposite side of the set.

IV. FIGURE 4

- 1-6 Cpls rotate 1/4 R to face CCW. All dance 6 Ballittu steps fwd, traveling all the way around to original pos.
- 7-8 4 cpls dance 2 Ballittu steps (M bkwd W fwd) rotating in place 1/2 way CCW and ending facing CW.
- 9-14 4 cpls dance 6 Ballittu steps fwd CW, traveling all the way around to original pos.
- 15-16 4 cpls dance 2 Ballittu steps, moving to into a cross formation: M outside facing to ctr and W inside with back to ctr, facing ptr holding both hands with arms extended low.

V. FIGURE 5

- 1-6 4 cpls dance 6 Cross steps in place.
- 7-8 Release handhold. 4 cpls dance 2 Ballittu steps, moving fwd to L to meet one's corner.
- 9-14 Join hands as with ptr. 4 cpls dance 6 Cross steps in place with the corner person.
- 15-16 With 2 Ballittu steps, M move back to their previous pos, while W move fwd to ctr to form a little circle, facing ctr, joining hands low.

VI. FIGURE 6

- 1-6 W dance 6 Ballittu steps L, a full rotation of their small circle, while M dance in place.
- 7-8 Releasing hands, W dance 2 Ballittu steps bkwd to the previous pos while M dance 1 Ballittu step fwd to ctr and 1 Ballittu step to turn 1/2 R, ending facing out in a small circle, and joined hands down at sides.
- 9-14 M dance 6 Ballittu steps to L, a full rotation, while W dance in place.



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- 15-16 Releasing hands, M and W dance 2 Ballittu steps fwd to meet on a circle, M facing out, W facing in, holding ptr with L hand and corner with R hand.

VII. STAR

- 1 Everyone dance 1 Ballittu step fwd, extending arms back.
 2 Everyone dance 1 Ballittu step in place.
 3 Everyone dance 1 Ballittu step bkwd, extending arms in front.
 4 Everyone dance 1 Ballittu step in place.
 5 Everyone dance 1 Ballittu step fwd, extending arms back.
 6 Everyone dance 1 Ballittu step in place.
 7-8 Releasing R hand, keeping L (with ptr), everyone dance 2 Ballittu steps fwd making 1/2 turn CCW ending on a circle, W facing out, M facing in, holding ptr with L hand and new corner with R hand.
 9 Everyone dance 1 Ballittu step fwd, extending arms back.
 10 Everyone dance 1 Ballittu step in place.
 11 Everyone dance 1 Ballittu step bkwd, extending arms in front.
 12 Everyone dance 1 Ballittu step in place
 13 Everyone dance 1 Ballittu step forward, extending arms back
 14 Everyone dance 1 Ballittu step in place.
 15-16 Releasing R hand and keeping L hand (with ptr), everyone dance 2 Ballittu steps fwd making 1/2 turn CCW ending on a square formation, facing ctr and resume opening orientation to the square (position relative to the room may have changed).
Note: Maintain handhold except meas 7-8 and 15-16.

VIII. TURNS

- 1 With 1 Ballittu step (M bkwd, W fwd), cpl 1 rotates CCW in place.
 2 Cpl 2 rotates CCW in place with 1 Ballittu step.
 3 Cpl 3 rotates CCW in place with 1 Ballittu step.
 4 Cpl 4 rotates CCW in place with 1 Ballittu step.
 5 Cpls 1 and 3 rotate CCW in place with 1 Ballittu step.
 6 Cpls 2 and 4 rotate CCW in place with 1 Ballittu step.
 7-8 All 4 cpls rotate CCW in place with 2 Ballittu step.

IX. ENDING

- 1 Facing ctr of square, step L (ct 1,2,3); 3 heavy steps in place RLR (cts 4,5,6).

Presented by Roberto Bagnoli

