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FIRETUR FRÅ ROMERIKE

(Norway)

Source: A dance for two couples composed by Klara Semb in the early 1900's. Published in Norske Folkedansar II, Noregs Boklag Oslo 1956. Taught to Bruce Taylor by Hermann Olsen in Bergen in 1965.

Music: Harmoni NGK TD-1. 3/4 meter.

Formation: 2 cpls in a set, W to R of ptr. Hands joined at shoulder height in a circle.

Steps: Hesitation Step L: step fwd on L, flexing knee (ct 1). Bring R toe beside ball of L ft, no wt (ct 2). Flex L knee (ct 3).
Hesitation Step R: same as above beg R.
Light Greeting: Lower hands slightly, bow head and torso slightly, small step back onto R (ct 1). Raise hands and R heel slightly, close L to R (ct 2). Lower hands and R heel (ct 3).

Meas

Pattern

4 Introduction

I. CIRCLE

1 Hesitation Step L in RLOD.

2 Hesitation Step R in RLOD.

3-6 Repeat action of meas 1-2, twice more (3 times in all).

7 Dance Hesitation Step L twd ctr.

8 Facing ctr, give a Light Greeting.

9-16 Repeat action of meas 1-8 beginning L, moving in LOD.

II. GRAND RIGHT AND LEFT

Keep hands above shoulders during this pattern.

17-18 Give R hand to ptr, W move RLOD, M LOD, dance 2 Hesitation Steps, L and R, passing ptr.

19-20 Give L hand to corner, dance 2 Hesitation Steps, L and R, passing corner.

21-32 Repeat action of meas 17-20, Part II, three more times. Finish facing ptr.

III. FORMAL GREETING

M Part

33 Set L hand low on hip, thumb back, fingers fwd. Begin to bow from waist. Sweep R hand twd heart.

34 Place R hand over heart. Bow deeply, knees locked.

35 Begin to straighten from waist. Begin to remove R hand from heart.

36 Straighten body and head, extend R hand twd ptr.

W Part

33 Bow head. Grasp skirt with both hands and begin to bow torso and bend L knee. Move R toe in small semicircle to behind L heel.

34 Bow lower. Shift weight onto R and straighten L knee.

35 With torso and head still bowed, shift wt to L with L knee straight, beginning to rise.

36 Straighten torso, close R ft to L, no wt. Lift head.

continued...

FIRETUR FRÅ ROMERIKE (continued)IV. WALTZ

- 37 In shoulder-waist pos waltz 1/4 turn CW (M L, W R) so M are back to back in ctr of set.
- 38 One waltz step continuing CW turn so W are back to back in ctr of set.
- 39 One waltz step continuing CW turn so M are back to back in ctr of set.
- 40-45 Repeat action of meas 38-39, Part IV, three more times.
- 46 Repeat action of meas 38 once more.
- 47 During the waltz steps the set revolves CCW a little.
- 48 M swing ptr out to R and all join hands in a ring.

Repeat dance to end of record.

Presented by Bruce Taylor