

1982 SAN DIEGO STATE UNIVERSITY FOLK DANCE CONFERENCE

Galaonul de la Sapata

Presented by Sunni  
Bloland

(Oltenia, Romania)

Sunni Bloland learned this dance from Puiu Vasilescu of Bucharest, Romania.  
It will be danced eight times through followed by the described "ending".

Pronunciation: (gala-wan-ool deh la suh-pata)

Record: Hai la Joc, Side B, Band 7

Formation: Short lines of M and W linked in back basket hold.

Music: The music is in 2/4 but the dance will be counted in 4/4

Measure

INTRO 16 MEAS IN 2/4 METER (8 IN 4/4)

A. Forward and Back

- 1 Facing and moving fwd step R (ct 1), step L (ct 2), step R (ct 3), lift L knee bent 45° (ct 4).
- 2 Repeat meas 1 using opp. ftwk and reversing dir, *BUT MORE MORE FWD AND LESS BWD.*
- 3-4 Repeat meas 1-2.

B. Lift, Touch and Twizzle

- 1 In place step R (ct 1), lift L leg in front (ct 2), step L (ct 3), lift R leg in front (ct 4).
- 2 Touch R heel fwd (ct 1), in same spot touch R toe (ct 2), touch R heel (ct 3), accented step R as L leg is lifted in front (ct 4).
- 3 Repeat meas 2 using opp. ftwk.
- 4 Touch R heel fwd (ct 1), step R as L lifts slightly fwd (ct 2), touch L heel fwd (ct 3), step L as R leg lifts slightly fwd (ct 4).
- 5 In place stamp R (cts 1-2), stamp R (cts 3-4).
- 6 Moving bkw "Twizzle" or glissade while twisting R (ct 1), L (ct 2), R (ct 3), L (ct 4).
- 7-8 Repeat meas 5-6.

Repeat dance 7 more times and end with the following:

- 1-4 Meas 1-4 of A
- 5-7 Meas 1-3 of B
- 8 Touch R heel fwd (ct 1), touch R toe fwd (ct 2), light leap R in place (ct 3), slap L fwd on full foot (ct 4) as torso bends slightly fwd.