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# GERAKINA

## (Garirakeena)

Greek

Presented at the 1954 College of the Pacific Folk Dance Camp by Anatol Joukowsky.

- MUSIC:** Record: Victor 26-8220B; Liberty 84A; Folkways FP 814—Side I, band 3.
- FORMATION:** Open circle. The dancers join hands with L arm extended diagonally L, about shoulder high; R arm with bent elbow shoulder high; R forearm (horizontal) beneath and supporting extended L arm of next dancer. Dancers face diagonally R and circle moves to R (CCW).
- STYLING:** This dance starts out quiet and restrained, no hop in the first fig., not much distance covered. On each repeat there is more vigor and more momentum for the M. W remain feminine; they do not hop, merely lift on the toe, but they do make a strong sweep with the L leg on ct. 2 of the 1st meas. Turns are sharp. Eyes are low during Fig. II. The knees turn, not the hips on the Droom steps.
- STEPS:** Walk\* (short and springy, with a relaxed knee).  
*Touch:* The touch is always done with the R ft., and may be done once, twice, or 4 times. It is described thus: Wt. is on the L. Touch the ball of the R ft. with the R heel in front of and close to the L toe. R heel barely clears the floor. R toe points into circle (L) or out of circle (R).  
*Short Droom:* (1 meas.) Step L (ct. 1), touch R, toe in (ct. 2), touch R, toe out (ct. &).  
*Long Droom and Pose:* (2 meas.) Wt. is already on L. Touch R four times as follows: Toe in (ct. 1), toe out (ct. 2) toe in (ct. &), toe out (ct. 1). Strike the following pose on ct. 2. Release hands. Leave L arm extended diagonally, hand with fingers pointing up, palm out; R arm bent and behind back. Lift R leg, knee bent, toe out, heel held in front of L knee. SQQ SS

MUSIC 2/4	PATTERN
1 meas.	INTRODUCTION
1	I. <i>GRAPEVINE</i> Step R (ct. 1) hop R just after ct. & (up beat), step L in front of R (ct. 2), step R (ct. &). <span style="float: right;">S(hop)QQ</span> <i>Note:</i> the hop after ct. 1 is omitted in the first pattern the first time through, then added for the repeats.
2	Step L back of R (ct. 1), touch R, toe out (ct. 2). <span style="float: right;">SS</span>
3-8	Repeat action of Fig. I, meas. 1 & 2 three times.
	II. <i>FORWARD AND SHORT DROOM</i> Keeping hands joined, drop arms down; face directly R and move fwd (CCW). Step R (ct. 1), L (ct. 2), R (ct. &). <span style="float: right;">SQQ</span> Short Droom as described above. <span style="float: right;">SQQ</span> Step R (ct. 1), L (ct. 2), R (ct. &). <span style="float: right;">SQQ</span> Step L (ct. 1). Turn to face center of circle. Touch R toe out (ct. 2). Raise arms fwd., keeping hands joined. <span style="float: right;">SS</span>
13-14	III. <i>TO THE CENTER AND DROP BACK</i> Moving fwd. twd. center of circle, repeat action of Fig. II, meas. 9 and 10. <span style="float: right;">SQQ SQQ</span>
15	Moving bwd. away from center, drop back into sitting position on R ft. (ct. 1), toe touching floor in front of R, then flicking fwd. with a slight kick. Step L (ct. 2), R (ct. &). <span style="float: right;">SQQ</span>
16	Repeat action of Fig. III, meas. 15, starting L ft. <span style="float: right;">SQQ</span>
	IV. <i>LONG DROOM, POSE AND SOLO TURN</i> Long Droom and pose as described in the steps above. <span style="float: right;">SQQ SS</span> With arms still in this position each dancer turns CW in place: step R (ct. 1), L (ct. 2), R (ct. &). End facing center. <span style="float: right;">SQQ</span>
20	Step L (ct. 1) touch R, toe out (ct. 2). <span style="float: right;">SS</span> Repeat entire dance till end of record doing Fig. I more vigorously with each repeat.