

GILANSKO
(Jugoslavia)

This dance comes from Gilani, Jugoslavia, where 90% of the population is Albanian. It was first presented by Atanas Kolarovski at Stockton Folk Dance Camp, 1971.

Record: Worldtone WT-LP-64-701, side 2, band 7
Rhythm: 2/4
Formation: Broken circle, L hand on own L hip, R arm resting in crook of neighbor's L elbow.

Measures	Pattern
1-8	<u>Introduction</u> (drum beats)
	<u>FIGURE</u>
1	Moving in LOD, step on ball of R ft (ct 1), come down on full R ft, bending R knee slightly (ct 2)
2	Step on ball of L ft (ct 1), come down on full L ft, bending L knee slightly (ct 2)
3	Lift on L (ct 1), turning to face center, step R to R, bending R knee (ct &), hold (ct 2), straighten R knee (ct &)
4	Bounce twice on R, L ft raised slightly off the ground (cts 1,2)
5-6	Repeat measures 3-4, opposite footwork and direction, still facing center
7-8	Repeat measures 3-4
9-10	4 running steps fwd L, R, L, R, into the center
11	Lift on R (ct 1), step forward on L, bending L knee (ct &), hold (ct 2), straighten L knee (ct &)
12	Bounce twice on L, R ft raised slightly off the ground (cts 1,2)
13	Lift on L (ct 1), step bkwd on R, bending R knee (ct &), hold (ct 2), straighten R knee (ct &)
14	Bounce twice on R, L ft raised slightly (cts 1,2)
15-16	Repeat measures 13-14, opposite footwork
	Repeat dance from beginning.

Presented by Atanas Kolarovski