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GÓRALSKI TANIEC

Poland

Source: This dance was taught to Madelynn Greene by Joe Smiel who danced it in Eastern Polish Dance Groups.

Music: Record - Biscaye 104B

Formation: A dance for 8 couples

Part I Chorale -

A. Four couples walk out on floor (R arm of M around W's waist) to center.

16 Meas. Four couples enter with a gallop step around outside forming a circle while center 4 couples polka.

16 Meas. Inside couples join outside circle reversing direction of polka dancing CCW.

B.

16 Meas. Men leave women and turn L to center swinging arms L, bending body fwd.

(a) Step L, hop, R hop, L,R,L, push R (circling in center) R,L,R, push R

(b) Step R, hop, L hop, R,L,R, push L, R,L,R, push L - 3 times in all.

AT THE SAME TIME

4 Meas. (Girls Balance R,L, turning with 4 buzz steps R in place

4 Meas. (" " L,R, " " 4 " " L in place

Repeat above 4 times in all.

C.

All face center - girl behind a man.

Men click heels 24 times - pigeon toed - raise heels on ct. 1 and come down with heels together on ct. 2. On last heel click M turns 1/4 turn to his R and stamps R ft. facing LOD.

Girl balances R,L and turns 1,2 1,2 R in front of next man and then behind next man - progressing 6 times and ending 2 men behind her partner.

D & E

16 Meas. (Couples with inside hands joined - step on outside ft. - step swing,) Re-
(step swing, step swing, step swing - facing each other they do push) verse
(kick step - M's step - L,R,L push R - W's step opposite R,L,R push L).
Both do 4 polka steps turning CW outside hands held outward, body bent forward. W's L hand on M's R shoulder. R hand on waist.

E

Repeat D.

Part II

F - 4 Meas. Intro. M and W clasp inside hands - step on outside ft - do 3 step swings - leap inward ending against LOD on M's L and W's R ft. body in crouched position with W's R and M's L arm hanging straight from shoulder over clasped hands. This position is maintained during the following step.

Continued...

Goralski (continued)

G. Both do 8 push away steps - M doing R,L,R fall onto L ft. swinging R out to side - Girl doing opposite. 6 times.
 On 7th step lift outside ft. up behind and leap backward, M turning L W turning R - falling on R ft. and M falling on L ft.

H. Starting in a crouching position do 12 flat pas de bas steps, ga gradually straightening body with first couple leading the circle out into a straight line.
 Leading couple assume ballroom position and split the line with 12 polka steps.
 Second couple lead off, M turning L, W turning R, form two lines with balance steps.

A. First couple finish in center of line and M throws W out to M's side of line and does solo "Boot Step" (L close L, hop R hop L hop)
 (R " R, hop L hop R hop)
 for 16 measures while W struts around - Men clicking heels and ignoring women. W's step - feet together, twist both heels to R, in place, to L, in place.

C. As soon as man finishes solo W leaps in to perform "Boot Step" with flashing turns and skirts whirling for 12 measures as Men do W's heel shift step as described above - Women repeating Balance R,L, buzz R 4 steps - repeat reversing ftwork 3 times.

Leading couple polka out in ballroom position while lines come together with 4 balance steps and doing a Krakowiak turn - hopping on R ft. - R hips adjacent - L hands high for 12 measures - couples gallop in a CCW circle for 8 measures and then in ballroom position polka out and break formation dancing at will around the floor.