GORALSKI TANIEC (POLAND)

AN EXHIBITION DANCE FOR EIGHT COUPLES

SOURCE:

THIS DANCE WAS TAUGHT TO MADELYNNE GREENE BY JOE SMIEL WHO DANCED IT IN

EASTERN POLISH DANCE GROUPS.

MISIC:

RECORD - BISCAYE 104B

FORMATION:

CHORALE - (MUSIC A PLAYED SLOWLY)

Four couples walk out onto floor (R ARM of M AROUND W's WAIST, W'S L ARM on M's R shoulder) - W holds skirt with R hand - M's L hand on hip.

PATTERN

PART | Music A = 16 meas. (Fast)

Four couples enter with a gallop step around outside forming a circle while center 4 couples polka, turning CW in social dance position.

A - 16 MEAS.

INSIDE COUPLES JOIN OUTSIDE CIRCLE REVERSING DIRECTION OF POLKA

DANCING CCW, AS FIRST 4 DANCE POLKA IN A CW TURN ALL PROGRESSING

IN LOD. (In the event that this turn is too difficult to reverse,

THE FIRST FOUR COUPLES MAY CONTINUE TURNING CW AS BEFORE.)

MUSIC B - 16 MEAS.

Men Leave women and turn diagonally L toward center (swinging arms L, bending body fwd.)

- (A) STEP L, HOP L, STEP R, HOP R, L-R (QUICKLY) FALL ONTO L PUSHING R
 OUT TO SIDE, R-L-R (QUICKLY) FALL ONTO L PUSHING R OUT TO SIDE.
- (B) STEP R, HOP R, STEP L, HOP L, R-L-R (QUICKLY) FALL ONTO L PUSHING

 R OUT TO SIDE, R-L-R (QUICKLY) FALL ONTO L PUSHING R OUT TO SIDE.

 REPEAT (B) 3 TIMES IN ALL.

DURING (A) AND (B) THE MEN DESCRIBE A CCW CIRCLE RETURNING AT END TO OWN PARTNER.

AT THE SAME TIME

(GIRLS, FACING CENTER, BALANCE R, L, TURNING WITH 4 BUZZ STEPS TO R
IN PLACE.) (HANDS ON HIPS)

(GIRLS FACING CENTER, BALANCE L, R, " 4 " TO L
IN PLACE.)

REPEAT ABOVE 4 TIMES IN ALL.

Music

ALL FACE CENTER - GIRL BEHIND A MAN.

Men click heels 24 times - raise heels on ct 1 (pigeon toed) and come down with heels together on ct. 2. On last heel click M turns 1/4 turn to his R and stamps R ft. facing LOD.

AS:

GIRL BALANCES R. L AND PIVOT TURNS R. L., R., L DIAGONALLY R TO CENTER ENDING IN FRONT OF NEXT MAN.

Note * Repeat then end behind next man - progressing 6 times and ending

2 men behind her original partner. (She continues for the remainder

of the dance with this new partner.)

Music D - 16 Meas.

Couples with inside hands joined (outside hands on hips) - step on outside ft. - step swing - Reverse - step swing, step swing - facing each other they do push step (kick step - Mis step - L,R,L push R-Wis step opposite R,L,R, push L). Both do 4 small pas de bas steps. (GIRL DANCES BACKWARDS) TURNING CW outside hands held outward, body bent fwd. Wis L hand on Mis R shoulder. R hand on waist.

REPEAT D.

NOTE * THIS STEP IS DONE IN COUNTER POINT TO THE MUSICAL PHRASE.

Continued.

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PART II

F

G

E - 4 meas. M & W clasp inside hands - Both Starting on outside ft. - Do 3 step (interlude in music)

SWINGS - STEP INWARD ON INSIDE FT. AND LEAP ONTO CUTSIDE FT. ENDING AGAINST LOD ON M^t s L and W^t s R FT. BODY IN CROUCHED POSITION WITH W^t s R and M^t s L arm hanging straight from shoulder over clasped inside hands. This position is maintained during the following step.

Both do 8 push away steps - M doing R,L,R fall onto L ft. pushing R out to side - Girl doing opposite. 6 times. On 7th step lift outside ft. up behind and leap backward, M turning L, W turning R - falling on R ft. and M falling on L ft.

STARTING IN A CROUCHING POSITION DO 12 LOW PAS DE BAS STEPS GRADUALLY STRAIGHTENING BODY WITH FIRST COUPLE LEADING THE CIRCLE OUT INTO A STRAIGHT LINE.

(LEADING COUPLE ASSUME BALLROOM POSITION AND SPLITS THE

(SECOND COUPLE LEAD OFF, M TURNING L, W TURNING R, FORM
(TWO LINES WITH BALANCE STEPS. (12)

HEAD COUPLE

A - 16 MEAS. MAN'S SOLO

FIRST COUPLE FINISH IN CENTER OF LINE AND M THROWS W OUT TO M'S SIDE OF LINE AND DOES SOLO "BOOT STEP"

(MEN 8 SOLO STEPS)

(L CLOSE L, HOP R HOP L HOP)

(R CLOSE R, HOP L HOP R HOP)

FOR 16 MEASURES WHILE W STRUTS AROUND - MEN CLICKING HEELS AND IGNORING WOMEN. WIS STEP - FEET TOGETHER, TWIST BOTH HEELS TO R, IN PLACE.

confinue d...

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WOMAN'S SOLO

As soon as man finishes solo W Leaps in to perform "Boot Step" With flashing turns and skirts whirling for 12 measures as men to W's heel shift step as described above - Women repeating balance RgL, buzz R 4 steps - repeat reversing ftwork 3 times.

LEADING COUPLE POLKA OUT BETWEEN THE COLUMN IN BALLROOM POSITION WHILE LINES COME TOGETHER WITH 1 BALANCE STEPS AND THEN ALL DANCE A KRAKOWIAK TURN - HOPPING ON R FT - R HIPS ADJACENT - L HANDS HIGH FOR 12 MEASURES - COUPLES GALLOP IN A CCW CIRCLE FOR 8 MEAS. AND THEN, IN BALLROOM POSITION, POLKA OUT AND BREAK FORMATION DANCING AT WILL AROUND THE FLOOR.

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