

ATLANTIC MIXER (Grosser Atlantik) -- Germany (modern)

(Mixer)

Record: Tanz SP 23 050

Formation: Double circle: couples facing line-of-dance (CCW), W on ptr's right.

Starting position: Varsouvienne position.

Music: 2/4

Part I (Music A)Meas.

1-8 Sixteen walking steps fwd.

Part II (Music A)

9-16 Releasing hands (hold R hands just long enough to assist W as she turns R half around to face reverse LOD), sixteen walking steps fwd (M in LOD, W reverse).

Part III (Music B)

17-20 RIGHT-HAND TURN a new ptr -- the nearest one at this time, and if you do not find one immediately look more carefully.

21-24 LEFT-HAND TURN the same person.

Part IV (Music B)

25-32 SWING new ptr.

Note: Skipping steps may be used.

RIGHT-HAND TURN: Join R hands -- palm to palm or hands clasped (thumb grip also possible), forearms touching to the elbows -- and turn CCW with walking steps. LEFT-HAND TURN: Same, except with L hand, turning CW.

Note: This recreational mixer was introduced in 1948 by A. J. Hildenbrand of Hamburg; it has since become very popular.

Presented by Walter Kögler.