

GVANIM
(Israel)

SOURCE: TRANSLATION: Shades of Color. Dance by Shlomo Maman

MUSIC:

FORMATION: Circle in a simple hold, facing ctr

METER: 4/4

PATTERN

Meas Ct

PART A

- | | | |
|-----|-----|---|
| 1 | 1 | Cross R over L |
| | 2 | Touch L heel beside R without sound |
| | 3 | Brush L toes fwd, while turning to face LOD |
| | 4 | Hold |
| 2 | 1-4 | Slow two-step L fwd |
| 3-4 | | Repeat meas 1-2, Part A |
| 5 | 1-3 | 3 steps fwd, R, L, R, twd ctr |
| | 4 | Turn on R 1/2 turn to R, end facing out |
| 6 | 1 | Step L fwd with bent knee |
| | 2 | Step R bk in place |
| | 3-4 | Repeat cts 1-2, meas 6, Part A, reverse direction |
| 7-8 | | Repeat meas 5-6, Part A, reverse ftwk and direction |

PART B

- | | | |
|-----|-----|--|
| 1 | 1-2 | 2 sways R, L |
| | 3 | Step R to R arms extended to side |
| | 4 | Cross L over R with bent knee, arms crossing in front of chest |
| 2 | 1-4 | Repeat cts 3-4, meas 1, Part B twice more |
| 3 | 1-3 | 3 step turn to R, R, L, R |
| | 4 | Hold |
| 4 | 1 | Step L to L |
| | 2 | Cross R over L |
| | 3 | Step L to L into a lunge |
| | 4 | Hold |
| 4-8 | | Repeat meas 1-4, Part B |

Presented by Ya'akov Eden
Idyllwild Conference, 1981