

Ha'yafah Ba'nashim

(Israel)

A non-partner dance choreographed by Shlomo Bachar.

Pronunciation:

Cassette: Special cassette by Shlomo Bachar

4/4 meter

Formation: Circle, CCW, hold hands.

Counts

Pattern

- PART ONE.** (face CCW)
- 1-4 Step-Bounce fwd CCW R,L.
 5-8 Step-together-step fwd with R.
 9-10 Step-Bounce L fwd, pivot bkwd through L, face CW.
 11-12 Step-Bounce R bkwd.
 13-14 Step L bkwd; step R while turning bkwd thru R, face CCW.
 15-16 Cross L over R moving CCW; hold.
 17-20 Step-Bounce CCW R,L.
 21-28 Yemenite R,L.
 29-30 Tap R heel fwd; step R fwd.
 31-32 Step-Cross R over, moving CCW; hold.
 33-64 Repeat 1-32.
- PART TWO.** (face ctr, holding hands in a circle)
- 1-4 Fast step with R to R; close fast L; chug R to R, knee bent; touch L toes next to R.
 5-8 Yemenite L bkwd; hold.]
 9-12 Yemenite R; swing and raise L straight to L on ct 12.
 13-16 Cross L over R, moving CCW; R to R; cross L over; hold.
 17-24 Yemenite hold with R and L.
 25-26 Balance R,L.
 27-28 Cross R over; pivot on both ft full turn thru L, face ctr.
 29-32 Yemenite L.
 33-64 Repeat 1-32.
- PART THREE.** (face ctr, moving vigorously to ctr)
- 1-2 Fwd to ctr, run R,L.
 3-4 Step-Hop R to ctr while swinging L straight to L.
 5-6 Cross L over, moving R; R to R; cross L over.
 7-8 Step-Hop R in place.
 9-10 Run bkwd to LOD R,L.
 11-12 Step-Hop R in place.
 13-14 Complete the Box step, step L to L; close R.
 15-16 Step-Hop L in place.
 17-18 Step R to R; close L.
 19-20 Step-Hop R in place.
 21-24 Reverse 17-20 with L to L.
 25-32 Yemenite-Hop with R and L (hop on cts 28 and 32).
 33-64 Repeat 1-32.

Presented by Shlomo Bachar
 Notes by David Edery