

Presented by Morley Leyton

HAJDUK
 "High¹-duke"

Dance from the Zywiecki Góral region, learned by JANOSIK dancers from Maria Romowicz while visiting Poland during 1974 and during her stay in Philadelphia, Spring 1975.

RECORD: Janosik LTN 3

FORMATION: Cpls in a circle, facing LOD, M on L, W on R, inside hands joined, outside hands down freely.

- STEPS: 1. SINGLES: Knees bent slightly, step on R ft to R (ct 1) cross L ft exactly in front of R ft, touching floor with small toe of L ft, bend ankle so that almost whole side of foot touches floor (ct 2)
 Reverse, step on L ft, to L (ct 1) cross R ft in front of L ft (ct 2)
2. DOUBLES: Knees bent more than in singles. Keep knees bent and bring R ft into crossed pos'n (ct 2) switch ft, bringing L ft into cross pos in front of R (ct1) bounce (ct 2)
3. DOUBLES-DOUBLES: Do only cts 1 of Doubles.
4. TRIPLES: Cross R ft in front of L (ct. 1) bring R ft straight in till it touches L ankle (ct 2) bring R ft to side, parallel to L ft (ct 1) close R ft to L ft(ct2)
 Sequence can be done with L ft active instead of R.

PATTERN

Meas PART I: RUN

- 1-11 Do light, bouncy run in LOD, side by side with ptr, inside hands joined. Begin R ft, 2 steps to a measure.
- 12 Do stamp R,L,R, M stays in place and helps bring W around in front to face RLOD.

PART II: SINGLES

- 1-11 Join R hands, do singles moving in RLOD
- 12 Stamp R,L,R.

PART III: DOUBLES COMBINATION: W hands on hips, M hand below "Money Belt"

- 1 Double with R ft in air
- 2 One double with L ft in air
- 3 One Double-Double
- 4 First part of a double-double (ct 1) jump onto both ft(ct 2)
- 5-8 Repeat 1-4
- 9-16 Repeat 1-8

Continued.

PART-IV: HEJ! RUM! (Room)

M PART:travel slightly in LOD

- 1 Step on R ft (ct 1) slap inside of L heel in front with R hand (ct 2) at same time shout "hej Rum"
- 2 Same call, but step on L ft (ct 1) and slap inside of R heel behind with L hand.
- 3-4 Repeat 1-2, without call
- 5-6 Repeat 3-4
- 7-8 Repeat 3-4
- 9-10 Repeat 3-4
- 11 Jump onto R ft and slap inside of L heel with R hand (ct 1)
jump onto L ft and slap inside of R heel with L hand(ct 2)
- 12 Jump onto R ft and slap inside of L heel with R hand (Ct1)
jump onto both ft (ct 2)

W PART:

- 1-11 Do double steps moving slightly
- 12 Do first ct of double step with L ft (ct 1) jump onto both ft (ct 2)

PART V: TURNS

- 1 Join in shldr-shldr blade pos, R ft inside of ptrs R ft, hips and shoulders parallel. Steps are even smooth on whole ft. Step on R ft (ct 1) shift onto L ft (ct &) shift onto R ft (ct 2) shift onto L ft (ct &), turning continuously CW.
- 2-7 Repeat meas 1
- 8 Stamp R ft (ct 1) switch sides and stamp L ft in front(ct 2)
- 9-15 Repeat 1-8 on opp ft and turn CCW.
- 16 Release W to outside of circle and M face center.

PART VI: PUSHUPS

W PART:

- 1-12 Face ctr, hands on hips, do singles

M PART:

- 1 Clap hands and jump into air (ct 1) land on hands, ft still not on ground (ct 2) feet land body horizontal in push-up position (ct 2&).
- 2 Bounce on hands 2 times a meas. Open ft (ct 1) close ft(ct 2)
- 3-11 Repeat meas 2
- 12 Bring ft to hands (ct 1) stand up (ct 2)

PART VII

Repeat Part I

PART VIII:TRIPLES-Cpl faces ctr, W on R,inside hands joined.

- 1-8 Do four triples with R ft active.Accent last closing(meas8,ct2)
- 9-16 Repeat meas 1-8 with L ft active

PART IX

- 1-11 Join R hands, moving in LOD, do 11 double-doubles.
- 12 Stamp R,L,R.

PART X: RUN AND FINISH

- 1-11 Repeat Part I, meas 1-11
- 12 Stamp 2,3; M raises L hand above shldr, W puts R hand on hip.

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STEPS, #2, line 2, change end of sentence to read: "crossed pos
(ct 1) bounce on L (ct 2), switch...."
" " , line 4, should read: "bounce R (ct 2)."
" #4 , line 2 delete the word "in" and change to "cross"
" ADD to end of #4: "Note-Bounce on each ct of #4."
PART I, meas 12, add to end of line 2: "face RLOD, M continue
to face LOD "

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STEPS: #4, See errata on page 6 and delete "Step #4, line 2,
delete the word "in" and change to "cross".
" #4, line 2 delete the word "it" and replace with "heel".

PART IV, M part: "travel fwd slightly in LOD"
" " " " , add at end of figure: "Note--Leg slap is same
in meas 11-12 as in meas 1-2, only double time."
" " , W part, meas 1-11, add to end of meas: "slightly
bwd LOD."
PART V, meas 1, line 1, add: "blade pos with a arms rounded, R
ft inside...."

HAJDUK-Cont

PART V, meas 8, change "R" to "L" and "L" to "R"
PART VII, in margin add: "1-12"

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PART V, change meas "2-7" to meas "2-6": Add meas 7 as follows:
"repeat meas 1, cts 1,&,2,&, delete last "&" ct.
" " , meas 9-15 , change 1-8 to "1-7"