

Hambo från Jokkmokk (Sweden)

Informant: Linus Strömberg in Vajkijaur, 1972.

Pronunciation:

Cassette: Englund cassette, Stockton 1991. 3/4 meter

Formation: Cpls moving CCW around the room. The dance can be done at the same time as other cpls dance the usual hambo.

Holds: Introductory step: Simple handhold with the M grasping W's hand from above.
Turning step: Shldr-waist position.

Steps: Dal step without extending the ankle.
Three-step (three running steps fwd).
Hambo step.
Man's polska step: On ct 3&, with back turned diagonally twd the line of direction, pivot on both heels. On ct 1, come down on the soles of both ft. On ct 2, step onto the L ft, which is turned to the R, and begin a pivot on the L sole. On ct 3, place the R ft next to the L.

Meas

Pattern

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| 1-3 | The cpl dance two introductory Dal steps as for the hambo, but without extending the ankles, then walk with a Three-step into the hambo pos. |
| 4-7 | Both M and W do the first hambo turning step. Thereafter, the M does the polska step described above while the W continues to dance the ordinary hambo step, but a little more forcefully. The M lifts the W a little during the heel pivot. |
| 8 | To stop the turn, the M does his last heel pivot, then accents beat 2 by stamping with his L ft. |

Notation by Bengt Martinsson, 1972. Translated for Stockton Folk Dance Camp 1991 by Wes Ludemann.

Presented by Tommy and Ewa Englund