

Hambo från Svartnäs (Sweden)

This hambovariant is danced in both the CW and CCW direction. Svartnäs (SVAHT-ness) is near the border of Gästrikland and Dalarna.

Pronunciation: HAHM-boh frohn SVAHT-ness

Cassette: Englund cassette - Stockton 1991.

3/4 meter

Formation: Cpls facing in open position.

Positions: Open: Hold inner hands, with outer arms hanging.
Closed: Polka position.

Execution: HAMBO CW.

M: Meas 1: Step on L (cts 1-3).
Meas 2: Step on R (cts 1-3).
Meas 3: Step fwd on L,R,L (cts 1,2,3).
Meas 4-8: Turn CW, stepping R,L,R (both) (cts 1,2,3).
W: Meas 1: Step on R (cts 1-3).
Meas 2: Step on L (cts 1-3).
Meas 3: Step fwd on R,L,R (cts 1,2,3).
Meas 4-8: Turn CW, stepping L,R (both),R (cts 1,2,3).

HAMBO CCW.

M: Meas 1-2: Same as meas 1-2 above.
Meas 3: Step L (cts 1-2); step R (ct 3).
Meas 4-8: Turn CCW, stepping L,R,L (both) (cts 1,2,3).
W: Meas 1-2: Same as meas 1-2 above.
Meas 3: Step R (cts 1-2); step L (ct 3).
Meas 4-8: Turn CCW, stepping R,L (both), L (cts 1,2,3).

Meas 1-3 is danced in open position. Polska is done in closed pos. The CW and CCW portions of the dance are alternated every phrase. The last measure of the phrase is done in place. The first beat of meas 1 and 2 can be marked (stamped). The arms are brought back on meas 1 and fwd on meas 2.

Presented by Tommy and Ewa Englund