

HAMCHOLELET

Couple dance, couples facing Ccw, with G on M's right, inside hands joined down. Music for PART II is at a slower tempo than for PART I. M and G have opposite footwork. L|R footed dance.

PART I

- | | | | |
|---|---|---|---|
| 1 | L | R | } step hop fwd, around Ccw, body high, high hops, free movements. |
| 2 | L | R | |
| 3 | R | L | |
| 4 | R | L | |
| 5 | L | R | } Mayim around Ccw, facing ptr: side-behind-side-in front, knees bent, crouching over. Bound movements. |
| 6 | R | L | |
| 7 | L | R | |
| 8 | R | L | |
- 9-32: repeat. Changes in level (altitude) should be sudden and sharp.

PART II

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|----|------|-----|--|
| 1 | L | R | } Yemenite left right, facing ptr, M inside facing out to G. |
| 2 | R | L | |
| 3 | L | R | |
| 4 | (R) | (L) | } swing leg around Ccw and raise it, pivoting simultaneously on L R ft to face Ccw. |
| 5 | (R) | (L) | } brush air fwd just above floor, brushing around Ccw; then lift knee. |
| 6 | hold | | |
| 7 | (R) | (L) | } brush air fwd a foot above floor, brushing fwd, around Ccw; then lift knee. |
| 8 | hold | | |
| 9 | R,L | L,R | } side by side with G on M's right. Very small steps. |
| 10 | R | L | |
| 11 | L,R | R,L | } fast Yemenite left right, R L ft staying on ground after second step, but with weight on L R ft crossed over R L, twd ptr. |
| 12 | L | R | |
| 13 | clap | | } look and clap twd ptr, body facing Ccw. |
| 14 | clap | | |
| 15 | B | | } shift weight to R L ft by turning to face ptr. Cross wrists and snap fingers. |
| 16 | hold | | |
- 17-32: repeat. Movements in counts 1-8 are soft and fluid, while in 9-16 they are sharp.