

HANIGUN
ISRAELI CIRCLE DANCE

TRANSLATION: The Melody
DANCE: Israel Shabta'i
METER: 4/4
FORMATION: Circle in a simple hold.

MEAS.	CTS.	DESCRIPTION
<u>Part A</u>		
(Face center)		
1	1	Step R to R. R hand to R.
	2	Stamp L in place.
	3	Step R across L while body leans fwd.
	4	Stamp L in place.
2	1-4	2 step-hops R, L, turning a full turn to R with hands raised.
3-8		Repeat Meas. 1-2, Part A, 3 more times.

<u>Part B</u>		
1	1-4	Grapevine R to L, R crosses over L.
2	1-2	2 steps fwd R, L, in RLOD.
	3-4	Step-hop R turning to face center
3-4		Repeat Meas. 1-2, Part B.
5	1	Arms on shoulders: Step R to R.
	2	Step L behind R heel while bending knees.
	3-4	Repeat Cts. 1-2, Meas. 5, Part B.
6	1-4	Step R in place. <i>REPEAT MEAS. 5, PART B</i>
	2	Bend R knee.
	3-4	Repeat Meas. 5 and 6, Cts. 1-2, Part B.
7-8		Reverse footwork and direction.

<u>Part C</u>		
(Face center)		
1-2		4 fast two-steps fwd R, L, R, L.
3	1-4	3 step turn to R w/R, L, R.
4	1-4	3 step turn to L w/L, R, L.
5	1-4	2 fast two-steps back R, L.
6	1-2	2 running steps R, L, turning to R.
	3	Jump on both.
	4	Hop on L.
7-12		Repeat Meas. 1-6, Part C.

<u>Part D</u>		
1	1-4	Grapevine R to R, L crosses over R.
2	1	Step R to R.
	2	Close L beside R.
	3-4	Repeat Cts. 1-2, Meas. 2, Part D.
3	1-4	Repeat Meas. 1, Part D.
4	1-4	2 fast two-steps R, L, turning a full turn to R.
5-8		Repeat Meas. 1-4, Part D.