

HANIGUN
(Israel)

SOURCE: Israel Shabta'i, choreographer; *taught at Blue Star 1985*

TRANSLATION: The melody

PRONUNCIATION: hah-nee-GOON

MUSIC: Tape; Israeli Folk Dances, Side A, Band 1

FORMATION: Closed circle, hands free and out to side

METER: 4/4

PATTERN

Meas

INTRODUCTION: 9 meas

PART I: Face ctr

1

jump on both ft and R ft apart
Step R to R, R hand moves to R ^{across body} (ct 1); ~~stamp~~ L in place (ct 2);
step R across L while body leans fwd, R hand moves across body, L
moves slightly bkwd (ct 3); ~~stamp~~ L in place (ct 4)

2

Step-hop R-L, turning once to R; raise hands to head level *palm toward face* (cts 1-4)

3-8

Rpt meas 1-2, 3 more times (4 in all)

PART II: Facing & moving in RLOD, join hands in "v" pos

1

Grapevine to L: step R across L; step L to L; step R behind L; step
L to L (cts 1-4)

2

Step R-L fwd in RLOD (cts 1-2); step-hop R, raise L knee and turn to
face ^{ctr} ~~penr~~ (cts 3-4)

3-4

Rpt meas 1-2, once more; 2 in all

5

Join in "T" pos and step R heel to R (ct 1); step L behind R heel,
bend knees (ct 2); rpt cts 1-2 (R to R, L behind) (cts 3-4)

6

Rpt meas 5, cts 1-2 (cts 1-2); step R in place (ct 3); hop on R
(ct 4)

7-8

Rpt meas 5-6 *with opp ft*PART III: Face ctr, hands free at sides

1-2

4 fast two-steps fwd, R,L,R,L; body moves down-up-down-up, hands
move down, up ^{to head height} ~~twd sky~~, down, up ^{palm toward face} ~~towd sky~~

3

Turn R, stepping R,L,R, hold ^{up} (cts 1-4)

4

Turn l, stepping L,R,L, hold ^{up} (cts 1-4)

5

2 fast two-steps bkwd, R,L (cts 1-4)

6

Turning R, ^{once} run R,L (cts 1-2); jump on both ft (ct 3); hop L in
place (ct 4)

7-12

Rpt meas 1-6 once more (2 in all)

PART IV: Hands joined in "v" pos

1

Grapevine to R: R to R, L across R, R to R, L behind R (cts 1-4)

2

Step R to R (ct 1); close L to R (ct 2); rpt cts 1-2, once more
(cts 3-4) (2 in all)

Continued..

HANIGUN (cont'd)

- 3 Rpt meas 1 (grapevine to R) (cts 1-4)
- 4 2 fast running two-steps, ^{RLR, LRL} ~~R~~ turning once ^{to w/ LOD} R, Release, then rejoin hands. Hands are down and out slightly on turn. (cts 1-4)
- 5-8 Rpt meas 1-4 once more (2 in all)

Presented by Ya'akov Eden
IDYLLWILD WORKSHOP, 1986