

Hanske Van Leuven

(Flanders)

Formation: Column of "threes" (one M between two W). Two lines facing each other (as many lines as desired). Hands joined in the lines (shoulder height). Progressive dance. Trio No. 1 faces down set, Trio No. 2 faces up set.

I. Balance and Circles

- A1 1-2 Two step-hops on the spot. (Start L ft.)
3-4 M to the R facing R hand W and opp W of other line. Join hands to form circles of three. (M takes 4 walking steps to get to W).
5-8 The circle with M 1 moves CW (L), meanwhile the circle with M 2 moves around CCW (R), using 8 gallop steps.
- A2 1-2 M change places, turning to the R on 4 walking steps. Join hands to form new circles.
3-6 Circle with M 1 moves CCW (R), while circle with M 2 moves CW (L) (6 gallop steps). End in own place in lines.
7-8 Join hands in lines. Two step-hops on the spot.

II. Turn Round and Arches

- B 1-4 Opp W two-hand swing once around CW with 4 bouncy two-steps, while two M do the same with R elbows.
5-6 Join hands in lines, two step-hops on the spot.
7-8 Lines 2, raising arms to form arches move forward 4 walking steps. M 1 and R hand W passes under one arch, while L hand W passes alone under the other arch.

Repeat the dance starting opposite to a new line.