

Haperach Be Ganni (Israel)

Haperach Be Ganni (hah-PEHR-akh beh gah-NEE) is a couple dance choreographed by Bentzi Tiram and was presented by him at the 1986 University of the Pacific Folk Dance Camp. The title means "The Flower in My Garden."

RECORD: Israeli Folk Dances M101 Side B/1 4/4 meter

FORMATION: Cpls in a circle, ptrs facing each other, holding both hands with elbows flexed at approximately 90°. M back to ctr.

STEPS and STYLING: Yemenite step*, Two-step*, Step bend*. Steps are performed with a bouncing motion coming from flexion of the knees. The movements are subtle with an emphasis on down and up rather than covering floor area. The arms are an integral part of the style, moving subtly down and up along with the bounce in the knees. Ptrs focus on each other throughout the dance. Ftwk same for M and W.

*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, California 94541.

MUSIC 4/4

PATTERN

Measures

I meas INTRODUCTION No action. (There is a vocal invocation and then 1 meas of 4 drumbeats)

I. STEP FORWARD AND BACK; YEMENITE STEP; STEP TO SIDE.

1 Step fwd on R ft (ct 1); step back on L in place (ct 2); touch R beside L with no wt (ct 3); hold (ct 4).

2 Yemenite R.

3-4 Repeat meas 1-2, reversing ftwk.

5 Step on R to R, changing handhold to L hands (ct 1); bounce on R ft (ct 2); step on L behind R (ct 3); bounce on L ft (ct 4)

6 Yemenite R.

7-8 Repeat meas 5-6, reversing ftwk, direction and hands.

II. STEP FORWARD AND BACK; YEMENITE STEP; STEP-BEND; TURN.

1-4 Repeat Fig 1, meas 1-4,

5 Release hands. Step-bend R (cts 1,2); step-bend L (cts 3,4); while turning in place, almost 1 full CW turn. Snap fingers, arms high and to the R on cts 1 and 3.

6 Yemenite R, finishing CW turn to face each other again. Arms come down.

7-8 Repeat meas 5-6, reversing ftwk, arms and direction.

III. STEP TO SIDE; CROSS OVER

1 Step on R to R (cts 1,2); step L behind R (cts 3,4). Hold L hand behind back and hold R hand up to snap fingers about shldr level throughout Fig III. Snap fingers on cts 1 and 3.

2 Step on R to R (cts 1,2); step on L, crossing over R. Snap fingers on cts 1 and 3.

3 Sway onto R ft (ct 1); sway on L ft (ct 2); step on R, crossing over L, bending R knee (ct 3); step on ball of L ft to L (ct 4).

4 Repeat cts 3,4 of meas 3 (cts 1,2); cross R over L, bending knee (ct 3); hold (ct 4).

5-8 Repeat meas 1-4, reversing ftwk and direction.

IV. TWO-STEPS; CHANGING PLACES; YEMENITE STEP.

1-2 Dance 2 slow Two-steps, R and L, holding L hands in thumb hold, while changing places and turning 1/2 CCW to face ptr.

3 Change to R thumb hold and step on R, crossing over L (ct 1); step on L to L (ct 2); step on R, crossing over L (ct 3); hold (ct 4).

4 Yemenite L. Change to L thumb hold at end of step.

5-8 Repeat meas 1-4, ending in orig places.

V. STEP-BEND; TWISTING KNEE BEND; CW COUPLE TWO-STEP TURN

1 Step on R to R, turning 1/4 CW to focus on neighbor (cts 1,2); close L to R with knee bend (cts 3,4). Snap R fingers twd neighbor on ct 3.

2 Repeat meas 1, reversing ftwk and directions, snapping fingers at ptr.

3-4 Twist both knees to R,L,R,L, taking 2 cts for each direction, gradually bending knees to end in deep knee bend pos. Snap R fingers on cts 1,3 of each meas. R hand follows the same directions as knee twists. L hands remain joined throughout meas 1-4.

5 Stamp on R while rising from knee bend and raise L hands above head in a palm to palm pos (cts 1,2). R hands hold ptrs waist; stamp on L fwd (cts 3,4).

6 Two-step with R. In meas 5-6, cpl rotates 1/2 CW to change places.

7-8 Repeat meas 5-6, reversing ftwk to end in original places ready to repeat dance.

Dance is repeated twice, ending in Fig V, meas 5, of the second repeat. The music begins to slow down in that meas, and dance is ended by M turning W CW under his L arm once or twice to finish.