

HARIMON

(Israel)

A quiet couple dance of Israel. The music is an ancient Persian melody.

Translation: "Rimon" means Pomegranate.

Choreography: Z. Khavatsseleth.

Music: Melodic Line: 22 Songs and Dances. Published by the Education and Culture Centre of the General Federation of Labour, Histradut, Tel Aviv, Israel.

Time Sig.: $\frac{3}{4}$

Record: Festival, FS-201/B; Side 2, Band 2.

Steps: Walking, cross-step

Style Note: Hand position: Inside hands joined as described in in meas. 1, below. Outside hds joined across frt of bodies. When walking fwd, rotate inside hds under and over joined outside hds (cts 2,3,4). On ct 1 inside hds are down and over outside hds.

Formation: Double circle of couples; M back to ctr, hds joined and down.

THE DANCE

<u>Measures</u>	<u>Steps</u>
1 - 4	Introduction
	<u>FIGURE I</u>
1	Step L across in frt of R, knees bent easily (ct 1). Step R in place (ct 2). Step L beside R (ct 3). Hands move in and up in frt of face (ct 1). Hold (ct 2,3).
2	Step R across L (chug step) (ct 1). Step L to L side with slight lift of body (ct 2). Step R beside L with turn of body to R (ct 3). Hands move down and out to outstretched pos (ct 1,2). Hold (ct 3).
3 - 4	Couples have rotated a $\frac{1}{2}$ circle in CW direction.
1 - 4 repeated	Rept action of meas. 1 - 2 of Fig. I, 3 times, moving around twice and back to orig pos. At completion of the last step cpls finish side by side, W on M's R, facing CCW in LOD. Inside

Meas.

Steps

hds joined and down; outside hds joined across
frt of bodies.

FIGURE II

1 - 4

Fig. II is danced in 4 cts against $\frac{1}{4}$ meter.
Step b on L with small dip, looking twds ptr;
keep body erect, arms bent at elbows, bringing
hds to shoulder height (ct 1). Walk fwd RLR with
3 soft steps (ct 2,3,4), rotating inside hds
down and over outside hds (ct 2,3,4). Step fwd on
L, looking away from ptr, with small dip (ct 1);
Move bwd RLR with 3 soft steps; reversing hand
movements. On ct 1 inside hds are still over out-
side hds and pointing down.

Repeat action of Fig. II twice.

Federation Institute

Sportsman's Park, Los Angeles

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