

1973 CALIFORNIA STATE UNIVERSITY, SAN DIEGO
FOLK DANCE CONFERENCE

Presented by Bora Özkök

HARMANDALI ZEYBEK
(Har-mahn-dah-luh zey-beck)
(Turkish)

Translation: "Harvest time dance"

SOURCE: There are many zeybek dances from little regions in western Turkey. This dance, from İzmir, was learned by Bora Özkök from Duygu Demireli in Berkeley, 1969.

RECORD: BOZ-OK 102, side 1, band 2

FORMATION: Persons, dancing individually in a circle

STEPS & STYLING: This is a proud, "show off" dance. There are five steps, each with its own name.

Step 1: Haydi efeler (call: hie-day); means "Let's go"

Step 2: Sarhoş (Call: sar-hosh); means "drunk"

Step 3: Çök (call: chök); means "down"

Step 4: Kapan: (call: kah-pan); means "to close"

Step 5: Atik.: (call: ah-teek); means "athletic"

These 5 steps can be called in any order. The leader calls the steps, which are done at the same time by all dancers.

Note: The meter in this dance consists of a combination of 2/4 and 1/4 i.e. there are 4 meas of 2/4 followed by 1 meas of 1/4, so that every 5th meas contains only one count.

2/4 and 1/4

PATTERN

Meas

INTRODUCTION- 3 meas

FIG I: HAYDI

- 1 Facing ctr, step fwd on L while lifting R slightly behind L, R arm swings fwd (ct 1) step bwd on R, moving to orig spot and turn to face LOD, extend arms straight out to sides (ct 2)
- 2 Moving LOD, step L (ct 1) step R (ct 2)
- 3 Repeat meas 2
- 4 Repeat meas 2
- 5 Hold

FIG II: SARHOŞ Arm movements are sweeping, with big, hard swings lifting arms above head height.

- 1-3 Repeat meas 1-3 of FIG I.
- 4 Step L (ct 1) facing ctr, take a small leap on L landing on R, knee pointing R knee LOD and swing R arm fwd (ct 2)
- 5 Straighten body upright (ct 1) *Continued...*

FIG III: ÇHÖK-Fingers are snapped on each beat throughout this step. This step has 2 parts, III-a (going down) and III-b (coming up).

III-a

- 1 Repeat meas 1, FIG I
- 2 Extending arms sideways slightly above shldr height, and snapping fingers of both hands on each beat, moving LOD, step L (ct 1) point R foot to R (ct 2)
- 3 Point R ft to L (ct 1) point R ft to R (ct 2)
- 4 Point R ft to L (ct 1) with arms extended straight fwd, body twists to L while slowly squatting down (ct 2)
- 5 Finish squat and hold (ct 1)

III-b

- 1 Still squatting, bring hands to L of body and start slowly coming up (ct 1) bring hands to R and continue coming up (ct 2)
- 2 Bring hands to L of body and finish coming up (ct 1) point L ft to R (ct 2)
- 3 Point L ft to L (ct 1) point L ft to R (ct 2)
- 4 Point L ft to L (ct 1) step on L ft to L (ct 2)
- 5 Step in place on R and gain balance (ct 1)

FIG IV: KAPAN

- 1 Repeat meas 1, FIG I
- 2 Moving LOD, step L (ct 1) cross R ft in front of L while crossing arms in front of face and snapping fingers once (ct 2)
- 3 Hold last position and snap fingers once (ct 1) open hands to sides and snap fingers once while pointing R ft to R while weight remains on L (ct 2)
- 4 Moving LOD, step R, step L (cts 1&), facing ctr, squat down landing on R knee, as in Step II, meas 4 (ct 2)
- 5 Straighten body upright (ct 1)

FIG V: ATİK

- 1 Repeat meas 1, FIG I
- 2 Moving LOD, step L (ct 1) hop twice on L with R leg raised slightly in front of L (ct 2&)
- 3 Bend knees and squat deeply on both ft, R hand pointed down L hand pointed up (ct 1) start to come up while turning CCW and hopping twice on R (cts 2&)
- 4 Completing turn, step on L, hop on L (ct 1&), bend knees and squat, R knee touching floor as in meas 4, FIG II (ct 2)
- 5 Straighten body upright (ct 1)