

1972 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

HARMANDALI ZEYBEK (har-mahn-dah-luh zey-beck)
(Turkey)

Translation: "harvest time dance"

SOURCE: There are many zeybek dances from little regions in western Turkey. This dance, from Izmir, was learned by Bora Özkök from Duygu Demirlioglu in Berkeley, 1969.

RECORD: BOZ-OKKIO2, side I, band II

FORMATION: Men only, dancing individually in a circle.

STEPS AND STYLING: This is a proud, "show-off" dance. There are five steps, each with its own name.

Step 1: Haydi efeler (call: hie-day); means "Let's go, you tough guys."

Step 2: Sarhoş (call: sar-hosh); means "drunk;" drunk men's walk

Step 3: Çök (call: chök); means "down"

Step 4: Kapan (call: kah-pan); means "to close"

Step 5: Atik (call: ah-teek); means "athletic"

These five steps can be called in any order. The leader calls the steps, which are done at the same time by all the dancers.

NOTE: The meter in this dance consists of a combination of 2/4 and 1/4, i.e. there are four measures of 2/4 followed by one measure of 1/4, so that every fifth measure contains only one count.

Measure

FIGURE I: HAYDI

Introduction of 3 measures.

- I Facing ctr, step fwd on L while lifting R slightly behind L, R arm swings fwd (ct 1), step bwd on R, moving to orig spot and turn to face LOD, extend arms straight out to sides (ct 2)
- 2-3 Moving LOD, step L (ct 1), step R (ct 2).
- 4 Repeat meas 2.
- 5 Face ctr and hold.

FIGURE II: SARHOŞ

- I
- 2 Repeat measures 1,2,3 of FIG. I
- 3
- 4 Step L (ct 1), facing ctr take a small leap on L, landing with wt on L and R knee touching floor lightly, and swing R arm fwd (ct 2).
- 5 Straighten body upright (ct 1).
Arm movements are sweeping, with big, hard swings lifting arms above head height.

FIGURE III: ÇÖK

Fingers are snapped on each beat throughout this step. This step has two parts, III-a (going down) and III-b (coming up).

(continued)

HARMANDALI ZEYBEK (continued)

III-a

- 1 Repeat meas I, Figure I.
- 2 Extending arms sideways slightly above shldr height and snapping fingers of both hands on each beat, moving LOD, step L (ct I), point R foot to R (ct 2).
- 3 Point R foot to L (ct I), point R foot to R (ct2).
- 4 Point R foot to L (ct I), with arms extended straight fwd, body twists to L while slowly squatting down (ct 2).
- 5 Finish squat and hold (ct I).

III-b

- 1 Still squatting ,bring hands to L of body and start slowly coming up (ct I), bring hands to R and continue coming up (ct 2).
- 2 Bring hands to L of body and finish coming up (ct I), point L foot to R (ct 2).
- 3 Point L foot to L (ct I), point L foot to R (ct 2).
- 4 Point L foot to L (ct I), step on L foot to L (ct 2).
- 5 Step in place on R and gain balance (ct I).

FIGURE IV: KAPAN

- 1 Repeat meas I, FIG. I
- 2 Moving LOD, step L (ct I), cross R foot in front of L while crossing arms in front of face and snapping fingers once (ct 2).
- 3 Hold last position and snap fingers once (ct I), open hands to sides and snap fingers once while pointing R foot to R while weight remains on L (ct 2).
- 4 Moving LOD, step R, step L (cts I&), facing ctr, squat down, landing on R knee, as in FIG. II, meas 4 (ct 2).
- 5 Straighten body upright (ct I).

FIGURE V: ATIK

- 1 Repeat meas I, FIG. I
- 2 Moving LOD, step L (ct I), hop twice on L with R leg raised slightly in front of L (cts 2&).
- 3 Bend knees and squat deeply on both feet, R hand pointed down, L hand pointed up (ct I), start to come up while turning CCW and hopping twice on R (cts 2&).
- 4 Completing the turn, step on L, hop on L (cts I&), bend knees and squat, R knee touching floor as in meas 4, FIG.II (ct 2).
- 5 Straighten body upright (ct I).

Presented by Bora Üzkök