

HARMONICA
Israeli - Circle Dance

M

RECORD: Folkraft #1109 A.

FORMATION: Single circle facing center, no partners.

STARTING POSITION: All hands joined with arms extended straight downward, Left foot free.

MEASURES

Music A

FIGURE I

- 1 ONE "CIRCASSIA" STEP, starting with Left foot, progressing counterclockwise.
CIRCASSIA STEP: Cross and step on Left foot in front of Right, turning slightly to Right (count 1) Step on Right foot, beside Left, turning to face center (and), Cross and Step on Left foot in back of Right, turning slightly to Left (2), Step on Right foot, beside Left, turning to face center (and).
- 2 TWO STEP-HOP STEPS FORWARD, starting with Left foot, covering space, progressing counterclockwise. Pivot on Right foot to face counterclockwise and Step forward on Left foot (1), Hop forward on Left foot, bending right knee, raising Right foot in back at ankle level (and); Step-Hop forward with Right foot (2 and).
- 1-8 ENTIRE PATTERN OF MEASURES 1-2 DONE FOUR TIMES, progressing counterclockwise.

FIGURE II

Music B

Circle faces center

- 1 CROSS AND STEP ON LEFT FOOT in front of Right, turning body slightly to right and leaning backwards as hips are brought forward to form a diagonal line from head to toe (1), STEP IN PLACE ON RIGHT FOOT (and), REPLACE AND STEP ON LEFT FOOT beside Right (2), HOP on Left foot, turning slightly to left (and).
- 2 Repeat pattern of Measure I, starting with Right foot
- 3 Repeat pattern of Measure I,
- 4 TWO STEP-HOP STEPS FORWARD, starting with Right foot, progressing clockwise.
- 5-8 Repeat pattern of Measures 1-4 starting with Right foot and ending with two Step-Hop steps forward (Left, Right), progressing counterclockwise.

Music C

FIGURE III

- Extend arms sideward and place hands on neighbor's shoulders.
- 1 STEP SIDWARD LEFT on Left foot (1), DRAW RIGHT FOOT TO LEFT without taking weight and bend both knees (and) STEP SIDWARD RIGHT on Right foot (2), DRAW LEFT FOOT TO RIGHT without taking weight and bend both knees (and).
- 2 FOUR RUNNING STEPS SIDWARD LEFT. Step sideward left on Left foot (1), Cross and Step on Right foot in back of Left (and), and Repeat (2 and).

ENTIRE PATTERN OF MEASURES 1-2 DONE FOUR TIMES, PROGRESSING CLOCKWISE.