

CRIGOR HASSAPIKO WITH VARIATIONS
(Greek)

These variations were learned by S. Newman in Thrace, Macedonia, Athens, and from T. Petrides of New York City.

Music: Record: Any Hassapiko.

Formation: Line with hands on shoulders, leader at R.

| <u>Meas</u> | <u>Ct</u> | <u>Pattern</u> |
|---|-----------|---|
| <u>BASIC HASSAPIKO STEP</u> | | |
| 1 | 1 | Step R to R. |
| | 2 | Step L in front of R. |
| 2 | 1 | Step R to R. |
| | 2 | Swing L knee high in front of R and lift on R. |
| 3 | 1 | Step L to L. |
| | 2 | Swing R in front of L and lift on L. |
| <u>VARIATIONS</u> | | |
| <u>#1 Turning</u> | | |
| 1 | 1 | Step R to R turning about 1/2 CW progressing in LOD. |
| | 2 | Step L completing 1 CW turn. |
| 2-3 | | Repeat action of meas 2-3 of Basic Step. |
| <u>#2 Quick Grapevine</u> | | |
| 1 | 1 | Step R to R on ball of ft. |
| | & | Step on ball of L ft in front of R. |
| | 2 | Step R to R |
| | & | Step on ball of L ft behind R. |
| <u>Note:</u> There should be a certain knee action during this step similar to the knee action of the "Charleston". | | |
| 2-3 | | Repeat action of meas 2-3 of Basic Step. |
| <u>#3 Skips</u> | | |
| 1 | & | Skip diag bwd to R on L ft. (Note, this & ct is upbeat) |
| | 1 | Step R |
| | & | Skip diag bwd to R on R. |
| | 2 | Step L. |
| 2 | 1 | Step R to R. |
| | 2 | Raise L up behind R and rise on ball of R ft. Face diag L. |
| 3 | 1 | Step L diag L. |
| | & | Step R across in front of L. |
| | 2 | Step L in place. (With wt on L prepare to skip for repeat). |
| <u>#4 Slides</u> | | |
| 1 | & | Facing ctr, hop on L (Note upbeat). |
| | 1 | Step R to R. |
| | & | Close L to R sharply, taking wt. |
| | 2 | Step R to R. |
| | & | Close L to R |
| 2-3 | | Repeat meas 2-3 of Basic Step. |

continued...

HASSAPIKO WITH VARIATIONS (cont)

#5 Extended slides

For as many slides as the leader cares to make to the R, repeat meas 1 of Variation #4 ending with meas 2-3 of Basic Step or, end with meas 2 only and reverse slides to L. (This works well if a phrase of 4 meas is used each direction).

#6 Knee Bends With Twist (keep both ft together)

- 1 1 Turn ft with wt on toes so that knees point twd R.
2 Turn ft so that knees point twd L.
Continue this movement while bending the knees until a complete knee bend is accomplished and the twist motion never stops. The leader may then indicate for all to come up on 1 beat by slapping the floor, or he may then begin to straighten the knees and continue the twist until everyone is upright. (This step works well with one 4 meas phrase going down and one 4 meas phrase coming up.) No ending - just go to next step.

#7 Twist Balkan Style (usually done only by leader or 1st 3 M)

- 1 & Hop on L (Note upbeat)
1 Step twd ctr R (swing knees to R).
& Step twd ctr L (swing knees to L).
2 Step twd ctr R (swing knees to R).
& Step twd ctr L (swing knees to L).
2 1 Step twd ctr R (swing knees to R).
2 Step L behind R, moving away from ctr.
3 1 Step R behind L, moving away from ctr.
2 Step L behind R, moving away from ctr.

Presented by: Oliver (Sonny) Newman