

GRIGORA HASAPIKOS
 HASAPIKOS (Greece) (FAST HASAPIKOS)

Source: This dance is popular all over Greece, and in the same or different forms, is done all over the Balkans and the Near East. It was originally danced by the butchers of Constantinópolis; (Hasapikos comes from the word hasápis which means butcher.)

Music: The music is in 2/4 time and can be in a range of tempos, however it is usually done to a faster tempo. Any good Hasápiko record can be used.

Formation: A broken circle with arms on shoulders.

Characteristics: The dance is for both M and W. However, it can be done by only M, in which case it would be danced much faster and with more of a masculine styling (larger steps, more gusto). In any case, W should take smaller steps.

BASIC STEP

<u>Meas</u>	<u>cts</u>	<u>2/4 time</u>
I	1	Step to the R on the R ft.
	2	Step behind the R ft on the L ft.
II	1	Step to R on the R ft.
	2	Swing the L ft in front of the R ft.
III	1	Step to the L on the L ft.
	2	Swing the R ft in front of the L ft.

BASIC STEP II

I	1	Step to the R on the R ft.
	2	Step across in front of the R ft on the L ft.
II	1	Step to the R on the R ft.
	2	Swing the L ft in front of the R ft.
III	1	Step to the L on the L ft.
	2	Swing the R ft in front of the L ft.

TURN

I	1	Freeing arms from shoulders, step to R on R ft starting to turn to R.
	2	Step on L ft, continuing turn.
II	1	Step on R ft, completing turn.
	2	Swing the L ft in front of the R ft.
III	1	Step to the L on the left.
	2	Swing the R ft in front of the L ft.

-John Pappas
 KF '85