

HASKOVSKA LESABulgaria

TRANSLATION : Belt-hold line dance from the region of the town of Haskovo in Trakija, Bulgaria.

MUSIC : Cassette Nina Kavardjikova 1994.01.




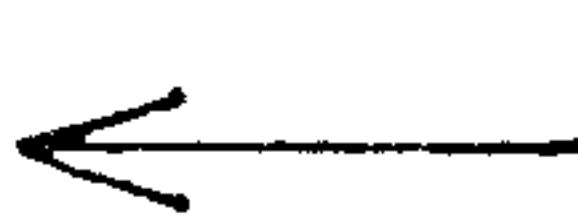
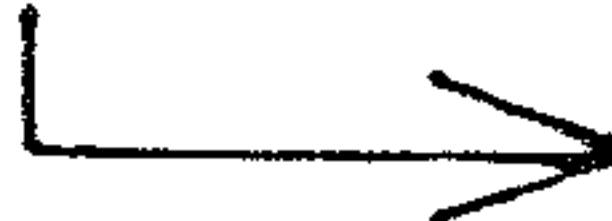

METER : 2/4 


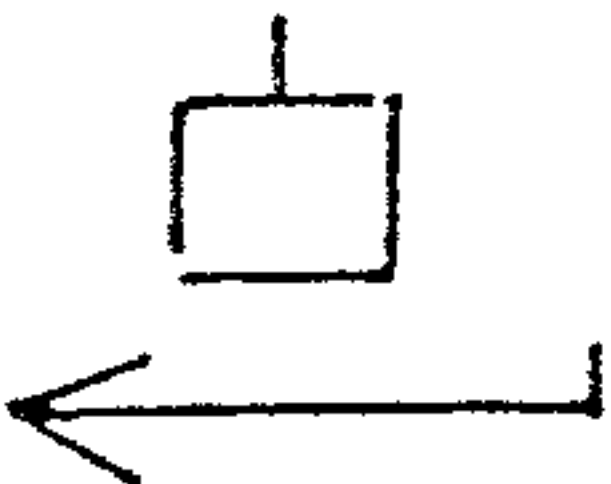
STYLE : Trakijski:  
 - small knee bent position  
 - steps are done mainly with the wt on the whole ft  
 - lyrical character in movements  
 - dipping movements coming from the ankle and knee joints

SOURCE : Boris Conev  
 "Balgarski Narodni Hora i Račenici"  
 Sofia, Bulgaria 1950

FORMATION : Mixed open circle.  
 Hands held at belt or W-position

INTRODUCTION : 15 measures

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>	<u>Part 1 "BAVNO"</u>
	1	1	step on R ft	
		2	step on L ft	
	2	1	step on R ft	
		2	lift and move L ft fwd, bending R knee	
	3	1	step on L ft	
		2	lift and move R ft fwd, bending L knee	
	4	1	small step or fall onto R ft	
		&	small step on L ft	
		2	small step on R ft	
		&	bend R knee, Lifting L ft	
	5	1	stamp on L ft sdwd L, taking wt	
		2	hold	
<u>Part 2 "BÂRZO"</u>				
	1	1	step on R ft	
		2	step on L ft next to R ft	
	2	1	step on R ft	
		2	small hop on R ft, lifting L ft fwd	
	3	1	step on L ft	
		2	small hop on L ft, lifting R ft fwd	
	4	1	small jump on both ft slightly apart	
		2	small jump on both ft together	

<u>DIRECTION</u>	<u>MEAS</u>	<u>CT</u>	<u>PATTERN</u>
	5	1	step on R ft
		2	bend R knee, lifting and moving L ft bkwd
	6	1	step on L ft
		2	bend L knee, lifting and moving R ft bkwd
	7	1	small step or fall onto R ft, bending R knee
		&	small step on L ft
		2	small step on R ft
	8	1	step on L ft sdwd L, taking wt (balance L)
2		bend L knee	

Note: Part 1 "BAVNO" is performed on the slow part of the accompanying recording and Part 2 "BARZO" is done to the fast part in the music.

Presented by Nina Kavardjikova  
 Statewide Institute May 28, 1994  
 Description by Jaap Leegwater