

Hava Netze B'Mahol

(Israel)

Source: Learned in Israel by Millie Libaw.

Record: A S P LB.

Formation: Couples with M's back to center and W facing center of circle. R hands are joined and clasped. L hands are raised head high in front of body and bent at the elbow, thumb and adjacent finger touching to form the shape of a nut, the other three fingers extended upward.

Part I

- 1 M. and W. cross R. ft over L with emphasis, moving twd partners place (CW)(ct 1), leap back onto L ft in exchanged places (ct 2), step back on R ft (ct 3), close L ft to R ft (ct 4).
- 2 In exchanged places, cross R ft over L ft with R knee bent and twisting body slightly to L (ct 1), step back on L ft (ct 2), step R ft in place (ct 3), step L ft in place (ct 4).
- 3 Returning to original places moving CW cross R ft over L ft, at same time clapping R palms in upward motion and withdrawing palms away from each other (ct 1), step on ball of L ft behind R ft (ct 2), repeat meas 3, cts 1-2 (cts 3-4).
- 4 Repeat meas 3, Part I.
- 5-8 Rejoin R hands in clasped pos and repeat all of Part I, meas 1-4. At completion, couples turn to face LOD and join inside hands. Outside hands held as described above and curved in front of body. Weight on inside ft.

Part II

- M. and W begin on outside ft. Steps are given for the M, the W does the counterpart.
- 1 Step fwd on L ft in line of direction (ct 1&), cross R ft over L ft, turning twd each other and partly facing (ct 2), facing partner, step on ball of L ft, behind R ft. Raised outside arms with elbows touching (ct &), step R ft in place, crossed over L ft (ct 3), step on ball of L ft, behind R ft (ct &), step on R ft in place, crossed over L ft (ct 4).
 - 2 Partners again turn to face LOD, inside hands still joined, step fwd on L ft in LOD (ct 1), step fwd on R ft in LOD (ct 2), step on L ft to L side, turning in to face partner, joined hands extended to M's R and W's L side (ct 3), step and cross R ft in back of L, joined inside hands forming an arch and outside hands raised and curved toward partner (ct 4).
 - 3 Couples quickly turn to face LOD and repeat meas 1, Part II.
 - 4 Repeat meas 2, Part II.
 - 5-8 Repeat meas 1-4, Part II.

Rejoin R hands in clasped pos and repeat dance from beginning.