

HAYA ZE BASADEH (Once, in the Field)
(Israel)

This gay couple dance was choreographed by Rivka Sturman as a light, cheerful dance for all age levels.

MUSIC: . Record: New Favourites, Israeli Folk Dances Hed Arzi, MN 581

FORMATION: Circle of cpls facing LOD. M on inside. Hands joined at shoulder height.

CtsPattern

- Introduction: 2 meas. 4/4 meter
4 light walking steps in LOD.
1-4 1/2 turn twd ptr to face CW, and move slightly bwd
5-8 in LOD with 4 walking steps. (Turn face to face and rejoin inside hands).
9-12 Repeat action of cts 1-4 moving CW (RLOD). Finish facing ptr, both hands joined, M back to ctr.
13-16 Move into ctr of circle (W fwd, M bkwd) with 4 walking steps.
17-20 Move out of circle (W bkwd, M fwd) with 4 steps. On ct 20 clap own hands and W turn to face LOD.
21-24 W moves fwd with 4 running steps (or skips) to new ptr. M marks time in place with 4 steps while waiting for new ptr.

Note: Walking, running or skipping steps may be used throughout this dance.

Presented by Rivka Sturman