

HEILSBERGER DREIECK  
(Heilsberg triangle)

From the heather country in North Germany. Same source as for Changier Qu.

RECORD: TANZ SP 23060 Taenze der Voelker T 72479  
English descriptions by Gretel Dunsing  
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FORMATION: A row of two couples faces another such row, as in Tampet, Tempete, Portland Fancy.

MEASURES:

2/4 time

1-8 ARMING OF INSIDE MEN: right arm with the M in opposite cpl. (an outside M) left arms hooked with own partner and turn, right arms hooked with W in opposite cpl., return to place.

1-8 (repetition) ARMING OF TWO OUTSIDE MEN: right arms joined turn with M in opposite couple (inside M) left arms with own partner, and right arms with W in opposite cpl., return to place.

NOTE: TAKE FOUR WALKING STEPS WITH EACH TURN AND FOUR TO GET TO PLACE.

9-16 Join hands in row, step left sideways (ct. 1) right behind left (ct. 2) left sideways (ct. 1) and hop lightly (ct. 2). Repeat to the right but close in on ct. 2 (meas. 9-12). Change places with opposite cpl. with two change steps (two-steps) couples face down if done in columns, , facing LOD if done in circle formation form arches, couples facing up or RLOD go through the arches. (13-14) turn as a couple with 4 walking steps.

9-16 (Repetition) Same as 9-16 above, returning to original position, which means that the same couples are facing each other.

17-24 (With repetition) GRAND RIGHT AND LEFT, when meeting partner the first time join right hands, shoulder high, stay close and turn once around; do not turn in home position. But use the four steps to move to meet another row, forming arches as in 13-14.

ROWS WHICH FACE THE WALL, turn partner to face dancers, wait one time through the dance and then start again with a new row.

When rows are arranged in a circle, no one has to wait unless you have an u n e v e n number of rows.

As taught by Gretel Dunsing, Summer of 1975  
at The Lighted Lantern Folk Dance Camp