

HEN YERUNAN

Israeli Line Dance  
(A Backward Debka)

PRONOUNCED: Hen Yeh-roo-nahn

TRANSLATION: So it will be sung.

CHOREOGRAPHER: Lea Bergstein

RECORD: Nirkoda 2, produced by Hed-Arizi Ltd., Israel  
and Debka - Tikva 100.

RHYTHM: 4/4

FORMATION: Hands joined and held low.

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Meas   Counts   Pattern

PART I: (Direction CW)

- |     |     |                             |
|-----|-----|-----------------------------|
| 1   | 1   | Cross R over L              |
|     | 2   | Step L in place             |
|     | 3   | Touch R toward R side       |
|     | 4   | Hold                        |
| 2   | 1-4 | Sway in place - R, L, R, L. |
| 3-4 |     | Repeat Meas. 1-2, Part I.   |

PART II:

- |     |      |  |
|-----|------|--|
| 1   | 1-2  | Begin R, do one two-step   |
|     | 3    | Jump on both feet (Debka) turn knees to R side.                                    |
|     | 4    | Hop on L (knees CW).   |
| 2-4 | 5-16 | Repeat cts 1-4, part II, three more times. On last beat, hop on R and face center. |

PART III:

- |     |       |   |
|-----|-------|---|
| 1   | 1     | L brushes in front of R (circular movement)   |
|     | 2     | Leap on L to L side.  |
|     | 3     | Cross with R heel over L.   |
|     | 4     | Hold.   |
| 2   | 5-8   | Repeat cts 1-4, pt III.   |
| 3   | 9-12  | 4 running steps in place from side to side (if possible tap after each run with free foot) LRLR                   |
| 4   | 13    | L brushes in front of R (circular movement).  |
|     | 14    | Hop on R.   |
|     | 15    | L taps behind R   |
|     | 16    | Hold.   |
| 5-6 | 17-24 | Repeat cts 9-16, pt III. On last beat shift weight on L and face CW in order to be able to start the dance again. |