

SAR HAMEMUNAH (continued)



| <u>Measures</u> | <u>Counts</u> | <u>Description</u> |
|---|---------------|--|
| <u>Part A</u> | | |
| 1 | 1-4 | Slow two-step L fwd. |
| 2 | 1-4 | Yemenite R backward |
| 3-4 | | Repeat Meas. 1-2, Part A |
| <u>Part B</u> | | |
| Note: During Part B partners move around to complete 1 full turn with all the steps described | | |
| 1-2 | | 2 Slow two-steps - L, R, starting to turn to L |
| 3 | 1 | Step L to L |
| | 2 | Bend L knee while snapping fingers to L |
| | 3 | Step R fwd. to complete the turn |
| | 4 | Bend R knee while snapping fingers to R |
| 4-6 | | Repeat Meas. 1-3, Part B. During Meas. 4-5 partners hold R hands |
| <u>Part C - (face partner, hands joined in front)</u> | | |
| 1-2 | | 2 Yemenite steps L, R |
| 3 | 1 | Step L to L as arms extend to sides. |
| | 2 | Hold |
| | 3 | Cross R over L w/bent knees and bring arms in, elbows bent |
| | 4 | Hold |
| 4-6 | | Repeat Meas. 1-3, Part C |

YO'AV ASHRIEL

HINEH ACHALELA
Couple Dance



Translation: Here I'll Play My Recorder
 Dance: Yoav Ashriel
 Meter: 4/4
 Formation: Couples in Varsoviennne position.
 Note: Footwork same for both M and W
 Basic Step: Step R fwd., weight remains on both feet, knees springy
 Note: Basic step w/L is the same as w/ R

| <u>Measures</u> | <u>Counts</u> | <u>Description</u> |
|--------------------------------|---------------|--|
| <u>Part A</u> | | |
| 1 | 1-4 | 2 Basic steps fwd. R, L |
| 2 | 1-4 | 4 Running steps fwd. - R, L, R, L. W turns 1 turn fwd. under M's R hand |
| 3-4 | | Repeat Meas. 1-2, Part A, end facing partner. M's back to center w/out holding hands |
| 5 | 1-4 | 2 Basic steps R, L to R, L crosses over R |
| 6 | 1-2 | 1 Basic step R to R |
| | 3-4 | 2 Basic steps L, R to complete 1 turn to R, L |
| 7 | 1-2 | crosses over R |
| | 3-4 | Basic step L to L |
| 8 | 1-4 | 2 Basic steps R, L to L, R crosses over L |
| <u>Part B - (face partner)</u> | | |
| 1 | 1-2 | Basic step R moving back, leading w/R shoulder |
| | 3-4 | Basic step L moving back, leading w/L shoulder |
| 2 | 1-4 | 4 Steps in place - R, L, R, L w/claps and body bent over |
| 3 | 1-4 | Repeat Meas. 1, Part B, reverse direction |

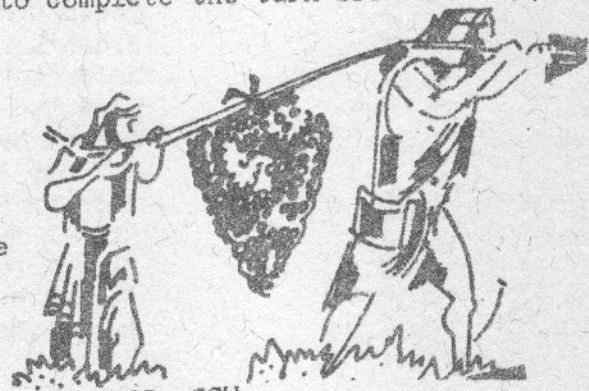
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HINEH ACHALELA (continued)

| <u>Measures</u> | <u>Counts</u> | <u>Description</u> |
|-----------------|---------------|--|
| 4 | 1-4 | <u>Part B - (continued)</u> 4 Steps in place - R, L, R, L, - R shoulders adjacent and 4 claps over head Note: R hand behind partners back, hold partners R hand w/own L hand behind own back |
| 5 | 1-4 | 2 Basic steps R, L to turn 1/2 a turn to L, CW, in the hold described above |
| 6 | 1-4 | 4 Running steps - R, L, R, L to complete the turn from Meas. 5, Part B |
| 7-8 | | Repeat Meas. 5-6, Part B |
| 9-16 | | Repeat Meas. 1-8, Part B |

YO'AV ASHRIEL

HAKORMIN
Couple Dance



Translation:
Dance:
Meter:
Formation:

The Vineyard Workers
Yoav Ashriel
4/4, 5/4, 2/4
Couples in Varsovienn position, facing LOD, CCW
Note: Footwork same for M and W

| <u>Measures</u> | <u>Counts</u> | <u>Description</u> |
|------------------|---------------|--|
| | | <u>Part A</u> |
| 1 | 1 | Step R to R on ball of foot |
| | 2 | Cross L over R, bend knee |
| | 3-4 | Repeat cts. 1-2, Meas. 1, Part A |
| 2 | 1-2 | M leap R to R and cross L over R; W turn in 2 steps - R, L, CCW, w/out holding hands |
| | 3 | Jump on both feet |
| | 4 | Hop on R, end in Varsovienn position |
| 3-4 | | Repeat Meas. 1-2, Part A, reverse footwork and direction |
| | | <u>Part B - (L hands joined, M's R hand on W's waist, face LOD, CCW)</u> |
| 1 | 1-2 | Step-hop R fwd. |
| | 3-4 | Fast two-step L fwd. |
| 2 | 1-4 | Repeat Meas. 1, Part B |
| 3 | 1-2 | Step-hop R to R |
| | 3 | Touch L heel across R |
| | 4 | Hop on R while circling L to L |
| <u>Meter 5/4</u> | | |
| 4 | 1-4 | Repeat cts. 1-4, Meas. 3, Part B, reverse footwork and direction |
| | 5 | Stamp R, close to L |
| <u>Meter 2/4</u> | | |
| | | <u>Part C</u> |
| 1-3 | | 3 Step-hops fwd. - L, R, L |
| 4-6 | | 3 Step-hops - R, L, R, turning together 1 full turn CCW, M stay in place, W moves fwd. |
| 7 | 1 | Close L beside R |
| | 2 | Hold |



YO'AV ASHRIEL