

## HINEH MA TOV

A popular line dance of Israel. The music is by M. Jacobson and the choreography for the dance was done by Rivkah Sturman. The steps have been influenced by the Yemenite dances.

MUSIC: Record: Folk Dancer, MH 1091.

FORMATION: Single line of dancers in either a circle or line formation. Hands joined and down.

STEPS: Running, step-bend.

Yemenite step: Step sdwd R bending knees (ct 1). Step L ft slightly behind R (ct &). Step R across in front of L, bending knees, (ct 2). Hold (&). Note: The Yemenite step is done with a feeling of "down-up-down," and may be danced beginning either R or L.

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MUSIC 2/4

PATTERN

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Measure

2 INTRODUCTION

I - RUNNING, STEP-BEND

1-2 Beginning with R move to the R (CCW) with 4 step-bend steps: step (ct 1), bend both knees slightly (ct &), etc.

3-4 Continue in CCW direction with 8 light running steps.

5-8 Repeat the action of Fig. I, meas. 1-4.

II - YEMENITE STEP

1-2 Step R to R side (ct 1), bend R knee (ct &), step bwd on L (ct 2), close R to L (ct &). Step fwd on L (ct 1), bend L knee (ct &), step R beside L (ct 2), hold (ct &), straightening knees.

3 Yemenite step R (ct 1 & 2 &).

4 Yemenite step L (ct 1 & 2 &).

5-8 Repeat action of Fig. II, meas. 1-4.

III - RUNNING, STEP-BEND

Repeat action of Fig. I, meas. 1-8.

IV - CIRCLE AND YEMENITE STEP

1-2 From a line formation of about 8 people close both ends of the line to form a circle with 8 small running steps. The middle person in the line dances almost in place. Begin with R. Hands join in circle formation.

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- 3 In closed circle formation dance 1 Yemenite step R.
- 4 1 Yemenite step L.
- 5-6 Move bwds with 8 small running steps opening the circle to the original line formation.
- 7-8 Dance in place a Yemenite step R, a Yemenite step L.
- Repeat dance beginning with Fig. I.