

DER HINGGI
(The limping dance)

(Switzerland)

- Music:** Record: Amadeo SVRS EP 17112, Side A, Band 1.
Tune: Dä gaht i d'Bei.
- Formation:** Trios, M between 2 W, facing CCW. M takes outside hands of W, W outside hand on hip, inner hand on M nearest shoulder.
- Steps:** Limping step L: step fwd L; hop on L; step fwd R
 long short long
Cross step L: step L sdwd to L, touch R before L.
Bourréstep L: cross L before R and do a hop on L. Step
hop R behind L. 1 polka step sdwd L.
Before heel/toe steps and polka steps do a little hop.

Meas Pattern

FIGURE I (The limping one)

- 1-2 Heel/toe while hopping on R, and 1 polka step L fwd in LOD.
3-4 Heel/Toe while hopping on L, and 1 polka step R fwd in LOD.
5-8 4 limping steps fwd in LOD, start L.
9-16 Repeat meas 1-8. Join hands in circle of three.
17-20 Heel/toe and 1 polka step L CW.
 Heel/toe and 1 polka step R CW.
21-24 4 limping steps CW, arms swing fwd and bkwd.
25-32 Repeat meas 27-24, open circle, all face in LOD.

FIGURE II

Formation as in Figure I.

- 1-4 Repeat Figure I meas 1-4.
5-8 6 walking steps fwd, start L. Jump on both feet, hop on both feet.
9-16 Repeat Figure II, meas 1-8.
17-20 Join hands in circle of three. Repeat Figure I, meas 17-20.
21-24 Circle CW with 6 steps, start L (side-behind-side-in front-side-behind) arms down. Jump on both feet, hop on both feet.
25-32 Repeat Figure II, meas 17-24, open circle, all face in LOD.

FIGURE III

- 1-4 M: hands on hips. W: hands at skirt. All turn CCW with
4 steps, start L. Ending: inside W face out, outside W
face M. M face outside W.
2 cross steps, start L.

Continued...

DER HINGGI (continued)

DER HINGGI
(The limping dance)

- 5-8 Repeat Figure III, meas 1-4.
(M: 1-1/2 turn CCW to face inside W. Last step, instead of cross step R, do 3 stamps: R,L,R.)
- 9-16 R hand star (R hand on wrist of person in front). Repeat Figure I, meas 17-24.
- 17-32 Hands on neighbors' shoulders in circle of three. 4 Bourresteps, start L, lean in the direction you start 1st step.
- 1-32 Repeat Figure III, meas 1-32.

FIGURE IV

Formation as Figure I.

- 1-8 Repeat Figure I, meas 1-8.
- 9-16 Repeat Figure I, meas 17-24.

FIGURE V

- 17-24 Repeat Figure II, meas 1-8.
- 25-32 Repeat Figure II, meas 17-24.

FIGURE VI

Formation same as Figure I.

- 1-16 4 Bourresteps in line, start L. On last B step, all turn to face ctr, all join hands in a big circle.

FIGURE VII

- 1-8 Heel/toe and 1 polka step L and R CW, 4 limping steps CW, swing arms fwd and bkwd.
- 9-16 Heel/toe and 1 polka step L and R CW, 6 steps CW (side-behind, etc). Clap twice.

Presented by Carmen Irminger