

HIÓTIKOS
(Hiós, Greece)

SOURCE: This dance is from Hiós, an island in the Aegean Sea.
MUSIC: DISCOPHON LPM-5
METER: 2/4 counted 1 & 2 &
FORMATION: Mixed lines of dancers in a shoulder hold (hands rest on neighbors' nearer shoulders).

PATTERN

Measures

BASIC STEP

- 1 Facing center and moving R, step on R (ct 1 &), step on L across in front of R (ct 2 &).
- 2 Step on R, raise L with bent knee (ct 1 &), bounce on R (ct 2), bounce on R (ct &).
- 3 Step on L, raise R with bent knee (ct 1 &), bounce on L (ct 2), bounce on L (ct &).

The BASIC STEP is done six times in all.

SECOND STEP

- 1 Facing center, step on R to R (ct 1 &), step L across in front of R to R (ct 2 &).
- 2 Leap on R to R with L knee along side of R knee (ct 1 &), step on L to L (ct 2), step on R to L alongside L (ct &).
- 3 Step on L to L (ct 1 &), raise R with bent knee (ct 2 &).
- 4-6 Repeat measures 1-3.
- 7 Repeat measure 1.
- 8 Leap on R to R with L knee along side of R knee (ct 1 &), step on L to L (ct 2), pause (ct &).

Repeat dance from beginning.

NOTE: On the 5th and 6th times of the BASIC STEP, one complete turn may be made during the three steps to the R, simultaneously slapping hands on each step as a turning variation.

Presented by Neal Sandler
1978 Teacher Training Program