

HIÓTIKOS

(HIÓS, GREECE)

Source: This is a dance from the island of Híos, which is an island not too far from the coast of Asia Minor, thus the name Hiótikos (hee-OH-tee-kohs).

Music: The music is in 2/4 time and often the syrtós is danced to the melody. Any recording of the tune can be used: "Ena Karavi Apo Ti Híó" Folk Dancer, 4050B, "Hiótikos" Demotika, Discophon LPM 5. Island Songs, Capitol T 10219

Formation: A broken circle with arms on shoulders.

Characteristics: Like many island dances, the feeling is a happy and bouncy one. There should be a spring in the legs. There are no large movements. W are less energetic than the M in their movements.

<u>Meas</u>	<u>cts</u>	<u>Pattern</u>
		<u>BASIC STEP</u>
I	1	Step to R on R.
	2	Step across in front of R on L.
II	1,2,&	Step sdwd to R on R, slightly swinging L ft in front of R and bouncing twice on the R heel.
III	1,2,&	Step sdwd to L on L, slightly swinging R ft in front of L and bouncing twice on L heel.

The Basic Step is done six times, then the Second Step is done.

		<u>SECOND STEP</u>
I	1	Step to R on R.
	2	Step across in front of R on L.
II	1	Leap onto R, facing ctr, slightly bending body fwd with L ft behind R ankle.
	2,&	Two quick steps to the L: sdwd to the L on L, and across in front of L on R.
III	1	Step sdwd to L on L.
	2	Slightly swing the R ft in front of L.

This step is done twice. On the third time, begin with meas I, but at meas II there is a change:

II	1	Leap onto R, facing ctr, slightly bending body fwd with L ft behind R ankle.
	2	Leap back onto L, leaving R free to begin the Basic Step. (Omit meas III.)

Repeat dance from beginning.

VARIATION (TURNING)

The variation is done during the Basic Step. Do the Basic Step four times. On the fifth and sixth times, do a slow turn during the three steps to the R.

Presented by John Pappas.
Notes and description by John Pappas.
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