

HOOSHIG MOOSHIG  
(Armenia)

HOOSHIG MOOSHIG is a traditional song-dance from the province of Garin (Erzerum), in Western Armenia. The melody and text were widespread and variants of them could be found throughout the Armenian Plateau. In the area around the city of Erzerum, the dance was called SHAVALLEE, and performed without lyrics. In the area around the city of Yerzinga, the dance was called HOOSHIG MOOSHIG, after the special lyrics that accompanied it locally. The dance is easy, and particularly appeals to women who can display their graceful carriage.

Pronunciation: HOO-sheeg MOO-sheeg

Source: Hourig Sahagian, Margaret Kyrkostas, Hasmig Aroian, Arsen Anoushian, Mark Kyrkostas, Eddie Keosian.

Music: Facone 1001 (Traditional Armenian dances) 2/4 meter

Style: Carriage erect and relaxed.

Formation: Open circle in "armenian hold" (little fingers interlocked with hands held at shldr level). End people may hold kerchiefs in free hands.

Meas

Pattern

HOOSHIG

- 1 Step L to L, as arms sway L (ct 1); close R beside L..as arms return to orig pos (ct 2).  
 2-4 Repeat meas 1 three times (cts 3-8). Arms stay to L on ct 8.  
 5 Step R to R, as arms sway R (ct 9); touch L beside R (ct 10). Arms stay to R.  
 6 Step L to L, as arms sway to L (ct 11); touch R beside L (ct 12). Arms stay to L.  
 7-8 Moving to the R, walk R (ct 13); L over R (ct 14); R (ct 15); close L beside R, no wt (ct 16). Arms sway to R, L, R, pause, on cts 13-16.

MOOSHIG

- 1 Starting with ft together, do a "jungle step": Pivot on heels so that toes point to L, as torso turns to L (ct 1); pivot on toes so that heels point to L, as torso turns to R (ct 2).  
 2-4 Repeat meas 1 three times (cts 3-8). This step moves to the L throughout.  
 5-8 Repeat HOOSHIG meas 5-8 (cts 9-16).

NOTE: The emphasis is on the slight bounce of the body, rather than trying to move a significant distance to the sides. Small but with style.

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