

HOP #1

This American-Armenian creation is one of countless contemporary dances simply known as the "HOP". Most of these "HOP" dances originated among the American-Armenian communities of California, and are done to 2/4 'BAR' music. This energetic version, the most popular "HOP" in New England, has a basic pattern resembling some of the village dances of the Balkans (e.g. Sarajevka Kolo from Serbia, or Ivanica from Macedonia). This dance is also called the "Michigan Hop" or the "Bulgarian".

Source: Armenian community of Greater Boston.

Music: Dance Armenian Side A-band #1 & #3, Side B-band #1, Armenian Party Time Side A-band #1,  
Or any good 2/4 'BAR' music.

Style: This is the most energetic dance commonly done by the young, with high leaping pas-de-bas and very enthusiastic hops.

Formation: Open circle dance in "Armenian hold" (little fingers interlocked and held at shoulder height).

<u>Meas.</u>	<u>Ct.</u>	<u>Movements</u>
1	1,2	Facing and moving to the right, step R to right (ct 1). Hop on R (ct 2).
2	3,4	Step L over R (ct 3). Hop on L (ct 4).
3	5,6	Step R to right as face center (ct 5). Step L behind R (ct 6).
4	7&8	Leap R to right (ct 7). Leap onto L in front of R (ct &). Leap back onto R (ct 8).
5	9&10	Leap onto L beside R (ct 9). Leap onto R in front of L (ct &). Leap back onto L (ct 10).
6	11&12	Leap onto R beside L (ct 11). Leap onto L in front of R (ct &). Leap back onto R (ct 12).
7	13,14	Moving to left, step L to left (ct 13). Step R behind L (ct 14).
8	15,16	Step L to left (ct 15). Hop on L while lifting the R in front of L (ct 16).