

FIGURE 8

In ballroom position slide in continuing counter-clockwise direction 6 times and on 2 counts ladies pivot under men's R arms; repeat figure.

FIGURE 9

In Russian position pas-de-basque R and L; ladies pivot under arms keeping hands joined while men step R, L; repeat with ladies pivoting back L to same position; repeat entire figure.

FIGURE 10

Russian position - skip backwards clockwise 16 steps and polka turns forward 8 measures and on final chord pose with ladies outside circle.

Side 2, Band 1

SYRBA
SYRBA

(Moldavia)

A dance having many melodies and step variations.

Below are a few traditional steps arranged for the music presented. Sources both in this country and in the Rumanian-Moldavian area, approved the arrangement and melody. This Syrba is danced in couples.

FORMATION Circle of couples, W on M's left. Hands are on each others shoulders. All start with R foot. There is an introduction to the dance.

Part 1

Part 1 is danced 5 times. Step R ft to side, L behind R, step on R ft and throw L ft fwd, bending slightly, leap onto L ft and throw R ft fwd, with a slight bend of the body. Continue step for 4 more times, 5 times in all, then stamp R ft twice next to L.

Part 2

Part 2 is danced 2 times in all. Step R to side, L behind R, R to side, Hop R, swing L fwd. Step L across R, hop L, TURN, and face to the L. Now, moving to the L, do 3 steps, R,L,R, Hop R, step and hop L ft moving slightly bwd, and stamp R,L,R. in place. Start step again with R ft.

Part 3

Part 3 is danced 4 times. Step R to side, L behind R, R to side, L behind R. Dance 2 quick "Threes in place", (RLR,LRL). Formation now breaks up into couples, who whirl around in place counterclockwise with 8 quick steps. Formation is then resumed and part 3 is danced again. Do Part 3 four times in all, breaking and resuming formation each time.

SEQUENCE OF THIS DANCE IS: Part 1,2,3,2,1,2,3,2,1,2,3

Side 2, Band 2 HORA (Moldavian)

A dance with over 3,000 variations and names. The dance described is a collection of steps arranged to the music. Sources from both here and in Moldavia assisted in the approval of the arrangement.

FORMATION - A circle of dancers, hands joined. Circle can be open or closed. If open, leader is at right end.

Part 1

8 Measures. Moving to R, step R to side, L behind R, R to side, hop R swinging L over R. Moving to L, step L to side, R behind L, L to side, hop L swinging R over L. Move fwd toward center, step R, L,R, hop R swinging L over R. Move Bwd away from center, step L,R,L, hop L, and STAMP R foot next to L.

REPEAT PART 1 AGAIN 3 TIMES, 4 TIMES IN ALL.

Part 2

8 Measures. Moving to R, R to side, L behind R, R to side, hop R, swing L over to R. Step L to side, R behind L, L to side, hop L, swing R over L, step R to side, L behind R, R to side, hop R, swing L over R, AND, step and hop L, swinging R over L. FLICK THE R FOOT IN AIR TWO TIMES, THEN STAMP R IN PLACE TWO TIMES.

(Count is R,L,R hop, L,R,L, hop, R,L,R hop, Left hop, Flick, Flick, and Stamp, Stamp)

REPEAT THIS STEP ONE MORE TIME, 2 TIMES IN ALL.

Part 3

8 Measures. Part 3 is done a total of 4 times. One sequence takes 8 measures of music. Entire sequence takes 32 measures.

Step R to side, L behind R, R to side, hop R, swinging L fwd. Hop 2 more times on R foot, brushing L ft bwd and fwd. Step L to side, R behind L, L to side, hop L, swinging R ft fwd. Hop 2 more times on L, brushing R ft bwd and fwd. Then step R to side, L behind R, and step in place quickly R,L,R.

Repeat step again, starting to left with left ft. Step L to side, R behind L, L to side, hop L, hop on L 2 more times, brushing R bwd and fwd etc.....

Part 4

8 Measures. Step R to side, L behind R, R to side, hop R, swing L over R. Step L to side, R behind L, L to side, hop L, swing R over L. THEN: Flick R ft in air 2 times and stamp R ft 1 time, Flick R in air twice, stamp R ft in place twice, Flick R ft in air 2 more times, PAUSE for 2 quick counts, and stamp R in place 3 times.

REPEAT PART 4 ONCE MORE, 2 TIMES IN ALL.

Side 2, Band 3 MOLDAVIAN ROUND DANCE

This type of dance is typical of the Moldavian people. Its easy tempo makes an ideal dance for any occasion. Below is a suggested arrangement of traditional steps for the music used. There are many types of Round Dances in Moldavia, this being somewhat slower than the usual variety.

FORMATION - Principally a group dance for 4 couples, but 5 or 6 couples may participate. Opening formation is 2 lines of couples facing each other. Man has his partner on his left. Unless otherwise stated, all figures begin with the R ft.

STEPS USED - Will be noted in directions. Introduction music is played on solo instrument. When other instruments join in, dance is started.

Part 1

Both lines move in a semi-circular direction to their R, with 2 waltz steps, and 3 balance steps, and pause. (4 meas) Both lines move Bwd with 2 waltz steps and 2 balances, keeping time with the music. (4 more meas)

Part 2

Using a waltz step and little skip at the end of each step, the two lines moving to the R, join hands in a circle and circle once around, then breaking again into 2 lines. Entire figure takes 12 measures of music. Timing is important.

MDX 900

MDX 900

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MDX 900