

Hora Bănăţeană

(Romania)

Hora Bănăţeană (HOH-rah BUH-nuh-chee-ah-nuh) is from the ethnological region of Banat in Romania. This non-partner dance was taught by Nicolaas Hilferink at the 1989 University of the Pacific Folk Dance Camp.

CASSETTE: Romanian Folk Dances Side B/3 "Ard o focul dragostea." 4/4 meter

FORMATION: Open circle, leader at R end. Hands in "W" pos.

STEPS and STYLING: Steps are done in a relaxed manner. On each step there is a gentle flex of the knees. On each knee lift the supporting leg is straightened.

MUSIC	4/4 meter	PATTERN
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Measures

8 meas INTRODUCTION No action.

I. DIAGONALLY IN AND OUT (Vocal)

1 Facing R of ctr and travelling fwd on the diag, step fwd on R (cts 1-2); step fwd on L (cts 3-4).

2 On same diag, step fwd R,L,R (cts 1,2,3); hold (ct 4).

3-4 Turning to face L of ctr and travelling diag bkwd, repeat meas 1-2 with opp ftwk.

5-8 Repeat meas 1-4.

II. DIAGONALLY IN AND OUT WITH KNEE LIFTS (Vocal)

1 Facing R of ctr and travelling fwd on the diag, lift R knee (ct 1); step fwd on R (ct 2); lift L knee (ct 3); step fwd on L (ct 4).

2 On the same diag, lift R knee (ct 1); step fwd R,L,R (cts 2,3,4).

3-4 Turning to face L of ctr and travelling diag bkwd, repeat meas 1-2 with opp ftwk.

5-8 Repeat meas 1-4.

III. INTO CENTER AND BACK (Instrumental)

1 Facing ctr, lift R knee (ct 1); step fwd on R (ct 2); step on L near R (ct &); step on R in place (ct 3); step bkwd on L (ct 4); step on R near L (ct &).

2 Step on L in place (ct 1); walk fwd twd ctr R,L (cts 2,3); step fwd on R (ct 4); step on L near R (ct &).

Hora Bănăţeană (Cont'd)

- 3 Step on R in place (ct 1); step bkwd on L (ct 2); step on R near L (ct &);
step on L in place (ct 3); step fwd on R (ct 4); step on L near R (ct &).
- 4 Step on R in place (ct 1); walk bkwd L,R,L (cts 2,3,4).
- 5-8 Repeat meas 1-4.

DANCE SEQUENCE: Dance pattern as written three times.

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