

HORA CHEMED (Charming Hora)

Dance: Moshiko
Music: Moshiko

FORMATION: Circle, face CCW, all join hands.

PART ONE

1. Debka jump L.
2. Debka jump R.
3. Hop on L, bend body down.
4. Brush R forward.
5. Hop on L, body up.
6. Leap R forward.
7. 2 runs forward, LR.
8. L forward.
- 9-32. Repeat 1-8 three more times.

PART TWO

1. Release hands. R forward and $\frac{1}{4}$ turn to R side (back almost to center).
2. Leap on L to L side.
3. R crosses over L in front.
4. Clap back of R hand on L palm, in front of body, waist high.
- 5-8. Reverse 1-4, start left foot. On count 5 $\frac{1}{2}$ turn to L side, face center.
- 9-16. Repeat 1-8. On count 16 with clap close R to L with weight.

PART THREE

- 1-4. Face center and join hands. Yem.-hop L.
5. Leap on R to R side.
6. L crosses in front of R.
- 7-8. Jump twice with feet together.
- 9-14. Repeat 1-6.
15. Close R foot to L.
16. Hold.

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