

HORA HABIK'A
Israeli Circle Dance

Translation: Hora of the Valley
 Dance: Ya'akov Levy
 Record: Dances in the Garden of Eden YE - 1001
 Basic Steps: Two-step, Step hop, Grapevine
 Formation: Circle, joined hands in a simple hold
 Meter: 4/4

<u>Measures</u>	<u>Counts</u>	<u>Description</u>
<u>Part A- (facing circle)</u>		
1	1-2	Two-Step R to R
	3-4	Two-Step L to L
2	1	Jump on both feet apart in LOD
	2	Leap with L across R while R is bent behind L
3-8	3-4	Repeats cts. 1-2 Measure 2 Part A
		Repeat measures 1-2 Part A 3 more times
<u>Part B- face LOD</u>		
1	1-2	Step hop R
	3-4	Running Two-Step with L Note: Sustain the hop on count 2 so that the landing after the hop is done almost simultaneously with the start of the two-step
2-4		Repeat measure 1 Part B 3 more times
<u>Part C</u>		
1	1-4	Grapevine with R in LOD. Step R to R, L in front of R, R to R, L behind R Note: Each time when R is stepping leap with the R
2-4		Repeat measure 1 Part C 3 more times
5	1-4	4 kicks back (scissors kicks) kicking L,R,L,R

Presented by Ya'akov Eden

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