

HADARIM VII - Israeli  
Side A - band 5

MUSIC: Tahar Lev  
DANCE: Yeacov Levi

ATZAY HATSFTSAFOT  
(Whistling Trees)

Formation: Couples in a circle, facing CCW, man on inside of circle, arms around each other's waists. Steps are described for the man, the girl's steps are opposite throughout.

PART ONE

- 1 - 4 Four steps forward starting on left foot.
- 5 - 8 Four pivot steps starting on left foot while turning CW together and while moving forward in LOD, in shoulder-waist or closed ballroom position.
- 9 - 12 Repeat 1-4.
- 13 - 14 Balance forward on the left foot and back on the right.
- 15 - 16 Repeat 13-14.
- 17 - 32 Repeat 1-16.

PART TWO

- 1 - 3 Moving away from partner, turn CCW, toward center of circle, in three steps starting on left foot.
- 4 Clap hands.
- 5 - 8 Repeat 1-4 in reverse returning to partner starting on right foot.
- 9 FACING PARTNER, step to left side on left foot while bending knees and while bringing arms to left side in preparation for the next turn.
- 10 - 12 Turn to right side (CW) in three steps, starting on right foot with a slight leap.
- 13 - 16 Repeat 9-12.

PART THREE

- 1 - 16 Repeat 1-16, PART ONE.

PART FOUR

- 1 - 16 Repeat 1-16, PART TWO.
- 17 - 24 Repeat 9-16, PART TWO. again.

Dance directions by Stan Isaacs

HADARIM VII - Israeli  
Side A - band 5

MUSIC: (Unknown)  
DANCE: Yeacov Levi

HORA HABIKA  
(Hora of the Valley)

Formation: Circle, moving CCW, holding hands.

PART ONE

- 1 - &2 FACING CENTER OF CIRCLE, MOVING CCW.
- 3 - &4 Pas de basque or hora step to the right side.
- 5 - &6 Pas de basque or hora step to the left side.
- 7 - &8 Moving to the right side: hop-slide on left, step on right, then on left foot to right side.
- 9 - 32 Repeat 5-8.
- Repeat 1-8 three more times (total of four).

PART TWO

- 1 - &2 FACING CCW.
- 3 - &4 Big step-hop on right foot forward.
- 5 - 16 Run three quick, small steps forward on left, right, left.
- Repeat 1-4 three more times (total of four).

PART THREE

- 1 - 4 Grapevine step in the air to right side: step on right foot to the right side, cross with left over right, hop on right, then cross with left in back of right.
- 5 - 16 Repeat 1-4 three more times (total of four).

PART FOUR

- 1 FACING CENTER OF CIRCLE.
- Step on right foot in place while bending left leg in back.
- 2 Reverse on left foot.
- 3 - 4 Repeat 1-2.

HADARIM VII - Israeli  
Side B - band 1

MUSIC: A. Koren  
DANCE: Yoav Ahshriel

BAAVIV AY TASHUVI CHAZARA  
(In the Spring you'll Come Back) → → → →