

HORA CHADERAH
(Israeli Circle dance)

Translation: Hora from Chaderah
Dance: Rivka Sturman
Music: Israeli Folk Dances: Old Favorites Vol. 2 YED2
Meter: 4/4
Formation: Circle in a Chassidic shoulder hold (Place Left hand on own Left shoulder palm up place Right hand on a Left hand of dancer in front). Face LOD-CCW

Meas. Cts. Dance Description

Part A (Face LOD-CCW)

1 1-4 Take 4 Shuffles forward: Right, Left, Right, Left,
2 1 Touch Right heel forward
2 Hold
3 Step Right back
4 Step Left beside Right
3-8 Repeat Meas. 1-2, Part A 3 more times

Part B (Face center- hands joined in a W Hold)

1 1-4 Take 4 Shuffles forward (toward center): Right, Left, Right, Left, as arms come up
2 1 Touch Right heel forward while releasing hands and snapping finger upward
2 Lift Right while bending elbows.
3-4 Repeat Cts. 1-2, Meas. 2, Part B
3-4 Repeat Meas. 1-2, Part B. Reverse direction. Lower arms as you move back
5-8 Repeat Meas. 1-4, Part B

Part C (Face center, arms on shoulders)

1 1 Step Right to Right
2 Step Left behind Right
3 Step Right to Right
4 Touch Left beside Right
2 1-4 Repeat Meas. 1, Part B. Reverse footwork and direction
3 1 Step Right to Right
2 Touch Left beside Right
3 Step Left to Left
4 Touch Right beside Left
4 1-3 Turn a full turn to Right (CW) with 3 steps: Right, Left, Right
4 Touch Left beside Right
5-8 Repeat Meas. 1-4, Part C. Reverse footwork and direction. End in original position

Presented by Ya'akov Eden at NFO Conference 2001
Muncie, Indiana