HORA HE'ACHZUT
(Israel)

Pronunciation: Translation: Hora Settling (on land)

Choreographer: Bentzi Tiram

Record: T-Ram 1002

Formation: Circle in a simple hold ("V" pos).

Counts   Pattern

PART A
1-4	Two step-hops fwd R,L facing LOD.
5-6	Two running steps R,L.
7-8	Step-hop R fwd.
9-10	Step L fwd while bending knee, step R in place.
11	Step L bkwd.
12-16	Repeat cts 7-11.
	Hop on L while turning 1/4 CCW.
17-18	Step R to R, close L beside R.
19-20	Repeat cts 17-18.
21-24	Two running steps R,L while turning 1 full turn CW, then jump on both, land on L.

PART B (Face center)
1-2	Sway R to R, arms are raised.
3-4	Sway L to L, arms are raised.
5-6	Step R to R, step L in place.
7-8	Cross R over L, step sdwd with L.
9-10	Repeat cts 7-8.
11-12	Cross R over L (1 ct) and turn on R 1/4 CW while dropping hands.
13-16	Two running steps L,R then jump on both, land on R.
17-20	Repeat cts 13-16 bkwd.
21-22	Step L bkwd, hop on L while turning 1/4 CCW.
23-44	Repeat cts 1-22 (on ct 44 don't turn).

Presented by Bentzi Tiram