

# Hora Oltenească - Romania

Introduced by Mihai David

Line dance, arms start in V-position. Meter 4/4

There is a 4 measure introduction

## Measure Count Step

### Part I

- |     |     |                                                                                                                                                                                        |
|-----|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 1-4 | Facing center, take 4 running steps forward, starting on the R foot. During these 4 beats, raise arms slowly to W-position                                                             |
| 2   | 1-2 | Make a small leap onto R foot in place, while lifting the L foot off the ground (1) stamp the L foot (&), lift the L foot again, a little higher than before (2), stamp the L foot (&) |
|     | 3-4 | Step on L foot in place (1), step on R foot in place (&), step on L foot in place (2) hold (&)                                                                                         |
| 3   | 1-4 | Do 2 step-hops going backward, starting on R foot                                                                                                                                      |
| 4   | 1-4 | Take 4 steps backward, starting with R foot. During these 4 beats, lower hands back to V-position                                                                                      |
| 5-8 |     | Repeat measures 1-4                                                                                                                                                                    |

### Part II

- |     |     |                                                                                                                                                                                        |
|-----|-----|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1   | 1-2 | Make a small leap onto R foot in place, while lifting the L foot off the ground (1) stamp the L foot (&), lift the L foot again, a little higher than before (2), stamp the L foot (&) |
|     | 3-4 | Step on L foot in place (1), step on R foot in place (&), step on L foot in place (2) hold (&)                                                                                         |
| 2   |     | Repeat measure 1                                                                                                                                                                       |
| 3   | 1-2 | Repeat measure 1, counts 1-2                                                                                                                                                           |
|     | 3-4 | Repeat measure 1, counts 1-2, with opposite footwork                                                                                                                                   |
| 4   | 1-2 | Leap onto R foot in place (1), step onto L foot in place (&), step onto R foot in place (2), stamp L foot (&)                                                                          |
|     | 3-4 | Leap onto L foot in place (1), step on R foot in place (&), step on L foot in place (2), hold (&)                                                                                      |
| 5-8 |     | Repeat measures 1-4                                                                                                                                                                    |

*Count...*

**Part III**

1-2 (1-4) Facing to the R, do a series of step-hops. The number alternates between 4 and 8

The whole dance is done 4 times. We like to end by leaping onto the R foot, while sharply lifting the L leg with the knee bent and the lower leg slanted in front of the R leg.

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- [Main Menu](#)
- [Folk Dance Index by Country](#)
- [Folk Dance Index - H](#)

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