

# Hora Or - Israel

Choreographed by Danny Heiman - 1971

Circle dance, hands not held. Meter 4/4.

## Measure Count Step

### Part I

- |     |     |  |
|-----|-----|--|
| 1   | 1-2 | Facing R, run forward on R foot (1), run forward on L foot (2)   |
|     | 3-4 | Repeat counts 1-2.   |
| 2   | 1-2 | Facing center, jump and land with feet apart, weight mostly on the R foot (1), leap onto L foot across R foot (2). |
|     | 3-4 | Repeat counts 1-2.   |
| 3-8 |     | Repeat measures 1-2 three times  |

### Part II

- |     |     |  |
|-----|-----|--|
| 1   | 1-4 | Facing center, do a three-step turn to the R, moving in LOD (1-3), hold (4).   |
| 2   |     | Repeat measure 1 with opposite footwork and in opposite direction.   |
| 3   |     | Facing center, step forward onto R foot (1), hop on R foot (2), step forward on L foot (3), hop on L foot (4). During this measure arms go up from sides to end diagonally up and forward. |
| 4   | 1-4 | Step backwards on R foot (1), step backwards on L foot (2), step backwards on R foot (3), step backwards on L foot (4). During this measure, arms come back down.                          |
| 5-8 |     | Repeat measures 1-4.   |

### Part III

- |     |     |  |
|-----|-----|--|
| 1   | 1-4 | Facing R, step forward on R foot (1), step forward on L foot (2), step forward on R foot (3), start to pivot to face L (4) |
| 2   |     | Repeat measure 1 with opposite footwork and in opposite direction, but end up facing center.                               |
| 3   | 1-4 | Step on R foot to R, leaning to the R (1), hold (2), step on L foot to L, leaning to L (3), hold (4).                      |
| 4   | 1-4 | Make a four-step turn to the R, moving in LOD, and end facing center again (1-4).  |
| 5-8 |     | Repeat measures 1-4  |

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